

Welcome to City of Bloomington Parks and Recreation!

Our mission is to provide essential services, facilities and programs necessary for the positive development and well-being of the community through the provision of parks, greenways, trails and recreational facilities while working in cooperation with other service providers in the community in order to maximize all available resources.



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and Storytelling Adventure .

City of Bloomington Parks and Recreation Department office, City Hall

401 N. Morton St., Ste. 250 Phone: (812) 349-3700

Fax: (812) 349-3705

E-mail: parks@bloomington.in.gov

Hours: Monday–Friday, 8 a.m.–5 p.m. **Closings** (entire City building is closed): *Labor Day* (September 6), *Election Day* (November 2), *Veteran's Day* (November 11), *Thanksgiving* (November 25–26), *Christmas Day* (December 24)

Services offered: Program/event registration, shelter rentals, ballfield rentals, recreational gear rental, maps, brochures, sponsorship inquiries (see page 46), volunteer inquiries (see page 45) and community relations.

Parking: Designated visitor spaces available in lot on north end of the building. Metered parking and designated visitor spaces on Morton St.

Accessibility: Designated parking spaces in North and South lots, ramp/sidewalk access from parking lots, automatic doors at south entrance, elevator located inside main entrance, restrooms available on ground and second floor level.

Mayor of Bloomington

Mark Kruzan

Parks and Recreation Department Director

Mick Renneisen

Board of Park Commissioners

John Carter—President Jane St. John—Vice President Les Coyne Joe Hoffmann

The Board of Park Commissioners holds regular meetings the fourth Tuesday of every month, which are open to the public. Meetings begin at 4 p.m. in City Hall, located at 401 N. Morton St. Citizens of Bloomington are invited to visit the Board of Park Commissioners meetings with questions or concerns regarding City parks and recreation programs.

Equal Opportunity

This program receives federal funds from the National Park Service. Regulations of the U.S. Department of the Interior strictly prohibit unlawful discrimination in departmental federally assisted programs on the basis of race, color, national origin, age or handicap. Any person who believes he or she has been discriminated against in any program, activity or facility operated by a recipient of federal assistance should write to:

Director, Equal Opportunity Program, U.S. Department of the Interior, P.O. Box 37127, Washington D.C. 20013-7127

This guide is printed with soy-based ink on 10 percent post-consumer recycled paper.

Many of our programs and events are part of the Bloomington
Entertainment and Arts District (BEAD).
BEAD is a geographically defined, mixed-use cultural district capitalizing on local and regional assets that are specific to the cultural, economic and social issues of Bloomington.

For more information on BEAD visit www.visitbead.com.

HOTLINE NUMBERS

Community Events
Performing Arts Series
Peoples Park Concerts
(812) 349-3754

All Youth and Adult Sports **(812) 349-3610**

Frank Southern Ice Arena (Fall/Winter) (812) 349-3741

Additional numbers

Maintenance Headquarters Rose Hill & White Oak Cemeteries (812) 349-3498

Lee Huss, Urban Forester **(812) 349-3716**

Inclusive Recreation Services (812) 349-3747

Are you on our mailing list?

To receive the program guide, published three times per year, call 349-3700 and ask to be placed on the mailing list.

Photo policy

Parks and Recreation staff may videotape or take photos of participants in programs and at special events or of people in parks or on park properties. These photos may be used in future program guides, brochures, fliers or other materials used to promote Parks and Recreation.



Please recycle this guide.

Inclusive Approach to Recreation

Parks and Recreation is committed to an inclusive approach to recreation. Inclusion is individuals with and without disabilities participating in recreation activities together.



All of our programs are inclusive to people with and without disabilities. See page 14 for more information about our Inclusive Recreation Services.

Fee Waivers

Parks and Recreation offers fee waivers for use of Bryan Park and Mills Pools. Applications can be obtained at the Parks and Recreation office or any parks facility, and may be submitted to any Bloomington Parks and Recreation facility or employee. Proof of income and in-city residency is required along with a nonrefundable \$2 fee. Approval of fee waiver requests is based on Federal Poverty Guidelines as received from the U.S. Department of Health and Human Services.

Scholarships

Because some residents are unable to participate in our programs due to economic hardship, the Bloomington Community Park and Recreation Foundation provides youth scholarships to offset certain fees and charges. Scholarship applications can be obtained at the Parks and Recreation office, Monday through Friday, 8 a.m.–5 p.m., at any department facility, or online at www.bloomington.in.gov/parks. Scholarship applications must be submitted at least two weeks prior to the start of the program for which applying. Proof of income and in-city residency is required.

Natural Resources Educator

Learn more about the amazing natural and cultural resources of our community courtesy of our Natural Resources Educator! Schedule general or specialized programs, classroom visits or field trips to suit your interests. For more information, call 349-3759.

Space is Limited—Register Early!

All classes have limited spaces available. To ensure enrollment, register by dates given. After the registration deadline please call for space availability. Register by sending in the enrollment form in this guide or in person from 8 a.m.–5 p.m. at the Parks and Recreation office, 401 N. Morton St., Ste. 250. You may also register online at www.bloomington.in.gov/parks.

Nothing cancels a good course quicker than everyone waiting until the last minute to register. If there are not enough registrations by the registration deadline, the course may be cancelled. Coming in on the day the course begins won't resurrect it, so please register early.

Refund Policy

No refunds are provided after the first day of a program. All refunds are subject to a \$2 administrative fee. If the \$2 charge does not cover costs incurred by the Department, the refund may be pro-rated in addition to the \$2 charge. There are no refunds on season passes. Full refunds are given for all classes cancelled by Parks and Recreation.

Substitution Policy

Parks and Recreation reserves the right to use substitute instructors and alternate facilities when necessary.

The Bloomington Parks and Recreation Department is proud to offer programs that help make Bloomington an active community!



The Active Living Coalition strives to increase the number of people in Monroe County who engage in healthy, active lifestyles. Bloomington Parks and Recreation also partners with Bloomington Hospital and uses joint resources to positively affect the health and wellness of our residents. For more information, visit www.activelivingcoalition.org.

Look for the "Healthy Heart" logo next to heart-healthy programs throughout this guide, and for Healthy Heart tips throughout the guide. We are pleased to offer not only heart-healthy programming, but also a trained Health and Wellness Coordinator, Lindsay Buuck, as a resource for building a healthy lifestyle.



Support Parks and the Community and Promote Your Business Become a Parks Partner

The Parks and Recreation Department offers a variety of programs for all ages and interests. Last year, more than 774,000 people participated in Parks and Recreation programs. If you are trying to reach youth, teens, families, young adults or adults over age 50 yrs., we have the medium to promote your product or service. If your business believes in supporting the community, quality of life and environment, Bloomington Parks and Recreation has many sponsorship options to choose from. See page 46 for more information.

Get Involved ... Volunteer!

Look for the volunteer symbol throughout the program guide.



Parks and Recreation volunteers provide valuable services to the community by assisting in many events and programs in a variety of ways. Volunteers can participate on a regular basis or on occasion as desired. There are many opportunities for



individuals and groups to choose from and an assortment of times and days available. See page 45 for more information.



Birthday Parties at Twin Lakes Recreation Center

Rental includes tables, chairs, and use of the party room and one basketball court or turf for one hour. Decorating, set-up and cleanup must be done during the rental time, or additional time can be added.

\$50/hour with court, \$80/hour with turf

Plan on eating during your party? Bring in your own food or purchase fountain drinks, hot dogs, chicken tenders, and pizza at our concession services.

For more information, contact the Twin Lakes Recreation Center at 349-3720.

Shelter Rentals

See page 11.

Community Gardens



For more information call 349-3700.

The Community Gardening Program offers a variety of gardening opportunities.

Look for information in our

Winter-Spring 2011 program guide.



Banneker Green Thumbs Garden



The Banneker Green Thumbs
Garden, located at the Banneker
Community Center on
West Seventh Street, enables
youth enrolled in the Banneker
Center's after-school and summer
programs to learn the art of organic
gardening. Mother Hubbard's
Cupboard, a local food pantry,
partners with the Community
Garden Program to help educate



the youth of our community while producing food to be distributed to community members in need through the Plant a Row for the Hungry Campaign. For information on how to participate call 349-3704 or e-mail drakeb@bloomington.in.gov.

Allison-Jukebox Community Center

351 S. Washington St.

Phone: (812) 349-3731

Fax: (812) 349-3785

Hours: Call 349-3731 for facility hours and times for

scheduled classes/events.

Closings: Labor Day (September 6), Election Day

(November 2), Veteran's Day (November 11), Thanksgiving

(November 25–26), *Christmas Day* (December 24) **Program/Facility Coordinator:** Tim Pritchett **Inclusive Recreation Coordinator:** Amy Shrake

Bus Line: #1 South

Facility information: Two large activity rooms, restrooms and a full kitchen are available for rental. *Call 349-3728 for reservation and availability.*

Accessibility: Designated parking space and accessible entrance in rear/southeast side of building, accessible

restrooms.

Rentals

Room	Nonprofit	Private
Activity rooms (two available)	\$20/hour/room	\$35/hour/room
Restrooms only (with Third Street Park)	\$20/hour	\$35/hour
Kitchen	\$15 flat fee	\$20 flat fee

Kid City Fall/Winter Break Days

See page 24.



Kid City campers get creative with an art project.



Healthy Heart Tip!

Start your day with a healthy breakfast.

(<u>)</u>

Banneker Community Center

930 W. Seventh St. Phone: (812) 349-3735

Fax: (812) 349-3705

Hours: Office Hours: Monday-Friday, 9 a.m.-5 p.m.

Drop-In Hours: Monday-Friday, 5-9 p.m.

Closings: Labor Day (September 6) Election Day

Closings: Labor Day (September 6), Election Day

(November 2), Veteran's Day (November 11), Thanksgiving

(November 25–26), *Christmas Day* (December 24) **Program/Facility Coordinator:** Leslie Brinson

Program Specialist: Karen Serfling **Bus Line:** #3 drops at Fifth and Elm Streets

Ages: All ages are welcome. Children ages 10 yrs. and under must be accompanied by a responsible caregiver age 18 yrs. and

up at all times.

Facility information: Gymnasium, recreation room, restrooms, full kitchen, library, Family Resource Center (third floor) **Rentals:** Three meeting rooms, a gymnasium, full kitchen, and

building are available for rental. Call 349-3735 for reservation and cost information.

Accessibility: Designated parking space on west side of building, ramp and elevator on ground floor, gym entrance

Bloomington Youth Basketball

See page 25.

is accessible.



Bloomington Youth Basketball offers plenty of opportunities to play!

Evans-Porter Memorial Library

Hours: Monday-Friday, 9 a.m.-9 p.m.

The Banneker Community Center is proud to host the Evans-Porter Memorial Library in partnership with the Monroe County Public Library. Come browse the book selections, magazines and resource materials located in the Library. Check-out procedures are easy and convenient.

Banneker Advisory Council Meetings

Share your ideas for programs, activities and special events at the Banneker Community Center. An opportunity for public comment is offered at each meeting. The location is the Evans-Porter Memorial Library. If interested in becoming a part of the Advisory Council, contact Leslie Brinson at 349-3734 for an application.

Monday, September 27 ♦ 4 p.m. Monday, November 29 ♦ 4 p.m.

Banneker Green Thumbs Garden

See page 4.

Frank Southern Ice Arena

Ice Information Hotline: 349-3741

Call the Ice Information Hotline for public skating times, holiday skating hours, open ice times, special events, and weather-related closings.

2100 S. Henderson St. (behind Bloomington High School South)

Phone: (812) 349-3740

Fax: (812) 349-3775

Rink Season: October 1 through March 6

Sports Coordinator/Facility Manager: Dee Tuttle

Sports Coordinator: Chris Truelock

Facility information: Ice pad, party room, locker rooms, restrooms, concessions, lobby, skate rental, skate sharpening

Accessibility: Accessible lobby area and restrooms

Public Skating Hours

Monday through Thursday: Noon-2:30 p.m.

Friday: Noon–2:30 p.m. and 7–9 p.m.

Saturday: 12:30–2 p.m.

7–9 p.m. (Lunar Skating) 9:15–11 p.m. (Night Owl)

Sunday: 3–5 p.m.

General Admission: \$5 Skate Rental: \$2.50

Cool Party package:

Skate Sharpening: \$4 and \$5 (immediate service)
Economy Pass: \$45 (10 sessions, excludes skate rental)

Rentals (Call the Arena at 349-3740 to reserve)

Rinkside Party Room: This climate-controlled, rinkside room offers a great place for up to 20 guests. Cost is \$50 per public session. Group rates (10 or more people) are \$4.50/person (includes skate rental) or \$3.50 per person (bring your own skates.)

Chillin' Party package: Cost is \$50. Includes use of party room

during public session and cleanup. Cost is \$90. Includes use of party room during public session, 10 admissions

with skate rental, and cleanup. Additional admissions are \$4.50/person.

Arena Rental: The Arena may be rented for exclusive use during unscheduled times. Rental includes the use of the lobby, sound system, ice pad, and locker rooms. There is an additional fee for skate rental. Reservations must be made at least 10 days prior to the requested date. A non-refundable deposit of 10 percent is required. All participants at private hockey functions must wear protective gear.

Prime Time: \$160/hour, weekdays 4–11 p.m. or weekends 8 a.m.–11 p.m.

Slow Time: \$140/hour (morning or late night)

Holiday Public Skating Schedule

Check our Web site for special holiday skating hours.

Ice Skating LessonsSee page 12.

Youth & Teen Hockey See pages 26 and 28.

Adult Hockey See page 35.

Special Events

See page 13.



Twin Lakes Recreation Center

1700 W. Bloomfield Rd.

www.bloomington.in.gov/TLRC

Phone: (812) 349-3720 Fax: (812) 349-3707

Hours: Monday–Friday, 5 a.m.–10 p.m.
Saturday–Sunday, 7 a.m.–10 p.m.

Labor Day (September 6): 10 a.m.–4 p.m.

Election Day (November): 5 a.m.–10 p.m.

Veteran's Day (November 11): 5 a.m.–10 p.m.

Thanksgiving Day (November 25): Closed

Day after Thanksgiving (November 26): 5 a.m.–10 p.m. Christmas Eve (December 24): 10 a.m.–4 p.m.

Christmas Day (December 25): Closed

Facility Manager: Mark Sterner

Program/Facility Coordinator: Daren Eads Aquatics/Sports Coordinator: Rob Gilchrist Health/Wellness Coordinator: Lindsay Buuck Membership Coordinator: Kirsten Prange

Daily admission

Daily admission for individual non-members: **\$6** Daily admission for youth ages 7–17 yrs.: **\$5** Youth ages 6 yrs. and under admitted **free.**

See pages 31-35 for adult fitness and wellness programs at the TLRC.

Facility rental (per hour)

Program Room	\$30
Conference Room	\$40
Fitness Room	\$50
Party Room	\$50
Whole Lower Level	\$120
Rental of entire facility	Call for prices and information.
Basketball competitions per court	\$32 or \$42/hour Call for information.
Basketball practice/court	\$22/hour
Basketball practice/half court	\$15/hour
Turf field	\$70/hour
Turf field non-prime 5 a.m4 p.m.	\$40/hour

Membership benefits

- One free wellness session with a personal trainer
- Free admission to select group exercise classes
- A free protein shake and two complimentary guest passes

Memberships*

Туре	Automatic Monthly Debit**	Monthly	Six months	12 month
Student Under 18 yrs. or with valid college or university ID	\$22/month Automatically debited from your bank account each month.	\$25/month Payable by cash, check, or credit card each month at the TLRC.	\$125 One up-front payment. Savings of \$25 over Automatic Monthly Debit rate.	\$225 One up-front payment. Savings of \$39 over Automatic Monthly Debit rate.
Adult	\$32/month Automatically debited from your bank account each month.	\$35/month Payable by cash, check, or credit card each month at the TLRC.	\$175 One up-front payment. Savings of \$17 over Automatic Monthly Debit rate.	\$325 One up-front payment. Savings of \$59 over Automatic Monthly Debit rate.
Senior age 60 yrs. and up	\$27/month Automatically debited from your bank account each month.	\$30/month Payable by cash, check, or credit card each month at the TLRC.	\$149 One up-front payment. Savings of \$13 over Automatic Monthly Debit rate.	\$276 One up-front payment. Savings of \$48 over Automatic Monthly Debit rate.
Two Person Must reside in the same household.	\$47/month Automatically debited from your bank account each month.	\$50/month Payable by cash, check, or credit card each month at the TLRC.	\$250 One up-front payment. Savings of \$32 over Automatic Monthly Debit rate.	\$475 One up-front payment. Savings of \$89 over Automatic Monthly Debit rate.
Two Seniors age 60 yrs. and up. Must reside in the same household.	\$40/month Automatically debited from your bank account each month.	\$42/month Payable by cash, check, or credit card each month at the TLRC.	\$212 One up-front payment. Savings of \$28 over Automatic Monthly Debit rate.	\$404 One up-front payment. Savings of \$76 over Automatic Monthly Debit rate.
Family Max. 2 adults and dependent children living in the same household	\$55/month Automatically debited from your bank account each month.	\$60/month Payable by cash, check, or credit card each month at the TLRC.	\$300 One up-front payment. Savings of \$30 over Automatic Monthly Debit rate.	\$575 One up-front payment. Savings of \$85 over Automatic Monthly Debit rate.

^{*}There is a one-time capital fee of \$20 for each new member.

^{**}Automatic Monthly Debit requires a 12-month commitment, and can be put on a freeze for up to three months within 12 months.

Lunch Hour Open House

Power up your lunch hour with a visit to the Twin Lakes Recreation Center! It's about fun, fitness, and wellness education. Join us for a Lunch Hour Open House the second Thursday of every month. Take a tour, get valuable health and wellness information from our guest speakers, and power it up with a walk on our indoor track before heading back to work with a healthy snack on us! Have a group of co-workers who would like to have their own private Lunch Hour session? We can plan a customized single Lunch Hour or series of Lunch Hour meetings just for your group! Tell us what your group is focused on achieving and we will design a lunch hour to help you reach that goal. For more information, contact Kirsten Prange, Twin Lakes Recreation Center Membership Coordinator, at (812) 349-3770 or prangek@bloomington.in.gov

- Thursdays, September 9-December 9
- For ages 18 yrs. and up.
- A special fee applies for customized lunch hour series.

Gift of Wellness

Give the gift that will really make a difference in someone's life. A gift certificate to the

Twin Lakes Recreation Center opens the door to fitness and fun! With a full-service fitness center, group exercise classes like Zumba®, Boot Camp and Ab-Solutely Fit, five basketball courts, an indoor 1/5-mile track and indoor soccer field, your special someone will have access to a whole world of fitness. Purchase a TLRC gift certificate by calling 349-3720 or stop by the Twin Lakes Recreation Center at 1700 W. Bloomfield Rd. Gift certificates are valid for 90 days from date of purchase.



Employee Wellness programs: from a healthy lifestyle to a healthy workplace!

Our Employee Wellness Program inspires employees to be healthy and fit, while maximizing positive results for employers. Employee wellness may actually boost your bottom line! As the cost of health care continues to rise, more companies are helping their employees prevent illness and reduce health risks through wellness programs. For help designing a custom wellness program that fits your company's mission and goals, or to learn more about the benefits of employee wellness programs to your company, contact Kirsten Prange, Twin Lakes Recreation Center Membership Coordinator, at 349-3770 or prangek@bloomington.in.gov.

Silver Sneakers®

The Silver Sneakers® program is the nation's leading exercise program designed exclusively for older adults. The program offers physical



Fitness Program

activity, health education, and social events for Medicareeligible and Group Retiree members. Inquire at the Twin Lakes Recreation Center front desk for a list of participating insurance carriers or to sign up.

Day(s)	Time	Room	Description
Mon., Wed.	9:30-10:30 a.m.	Court 3	Muscle Strength &
			Range of Movement
Mon., Wed.	10:30-11:30 a.m.	Group	YogaStretch
		Exercise Roor	n
Tue., Thur.	9:30-10:30 a.m.	Court 3	Cardio Circuit
Tue., Thur.	10:30-11:30 a.m.	Court 3	Muscle Strength &
			Range of Movement

Ages: 50 yrs. and up

Location: Twin Lakes Recreation Center *Class does not meet 9/6 and 11/25. Other:

Twin Lakes Recreation Center Member Rewards Program

Inspire someone you know to share in your commitment to health and wellness through our TLRC Member Rewards Program. Do you know someone who needs just a little boost to get on the right path to a healthier lifestyle? Stop by the Twin Lakes Recreation Center front desk for more information about ways you and your friends can be rewarded by referring new members to the TLRC.

Corporate Events at the Twin Lakes Recreation Center

The space for a perfect Corporate Team Building or Employee Event is waiting for you at the Twin Lakes Recreation Center. Come to the TLRC for over 100,000 square feet of fitness, sport, meeting spaces, and physical fun. The TLRC staff will help you create a great event for team building, health and wellness education and physical activity for your employees. For more information about Corporate Events at the TLRC, contact Kirsten Prange at 349-3770 or prangek@bloomington.in.gov.

Corporate Partnership Program at the Twin Lakes Recreation Center

A partnership with the family-friendly, City-owned Twin Lakes Recreation Center aligns your business with a strong and positive image in the community. Community members look to the TLRC for their healthy, active lifestyles. As a result, TLRC members and visitors include college students, adults, seniors, and families. For more information about developing your company's brand with an advertising program at the TLRC, contact Bob McDowell at (502) 593-4607 or via e-mail at bobmcdowell@insightbb.com.

B-Line Trail

Opened June 2009, the first phase of the B-Line Trail runs from Rogers Street to Second Street. Construction on the second phase, from Second Street to Grimes Lane and from Rogers Street to Adams Street, is scheduled for completion in summer 2011.



The B-Line Trail gets people and their pets moving!

Bloomington Rail Trail

The Bloomington Rail Trail has a trailhead located at W. Country Club Dr., between S. Rogers St. and S. Old SR 37. This trail connects to the Clear Creek Trail, offering a total of 4.3 miles of trail.

PARKING: Available at trailhead in lot at Country Club Dr.

TRAIL: 2.0 miles, gravel **ACCESSIBILITY:** Inaccessible

Broadview Park

Broadview Park is located at 704 West Graham Dr. Parks and Recreation in partnership with the Monroe County Community School Corporation built a new park and playground at the site of the former Broadview School in 2007.

AMENITIES: One small, unreservable shelter, youth and tot play equipment, basketball court, picnic tables and benches

PARKING: Available at park

ACCESSIBILITY: Playground and picnic shelter are accessible. Designated parking space.

Bryan Park

Bryan Park is located at 1001 S. Henderson St.

AMENITIES: Three baseball/softball fields (unlighted), four basketball goals (lighted), three playgrounds, three reservable shelters (see page 11 for details), two volleyball courts (grass/sand), five tennis courts, three horseshoe pits, a fitness area by the North Shelter, restrooms, picnic tables and an Olympic-sized, outdoor swimming pool/water slides. A "tot lot" playground was installed in 2008.

PARKING: Available on Woodlawn Ave., Henderson St. and Bryan Park Pool parking lot

TRAIL: .8 miles (loop), paved

ACCESSIBILITY: Designated parking space, restroom, juvenile playground, basketball courts, creekside walking trail, Woodlawn Shelter and playground are accessible.

Building and Trades Park

Building and Trades Park is located at 619 W. Howe St.

AMENITIES: Five basketball goals, two playground areas on north side of park, one reservable shelter (see page 11 for details), one play field, restrooms located near W. Howe St. and a picnic table by the parking lot

PARKING: Off W. Howe St. TRAIL: .25 miles, paved

ACCESSIBILITY: Designated parking space in W. Howe St. lot, shelter and playground are accessible.

Rev. Ernest D. Butler Park and Community Gardens

Located at 812 W. Ninth St. The Community Garden Program is partnering with Mother Hubbard's Cupboard to develop a new garden site in Rev. Ernest D. Butler Park. Garden plots will be available to rent for the 2011 season.

AMENITIES: Two basketball goals, one ballfield, a drinking fountain, two small, unreservable shelters and a playground

PARKING: Two small parking lots

TRAIL: .7 miles, paved

ACCESSIBILITY: Playground is accessible.

Cascades Park and Skate Park

Lower Cascades Park is located at 2851 N. Old State Rd. 37. Dedicated in August 1924, Lower Cascades Park was the City of Bloomington's first park. The City's largest playground was constructed at the Park in 2006. In September 2008, the City purchased an additional 6.15 acres of greenspace to add to Lower Cascades Park. **AMENITIES:** Two baseball/softball fields, one playground, two

reservable shelters (see page 11 for details), one sand volleyball court, restrooms and limestone picnic tables

PARKING: Available at shelters and ballfields **ACCESSIBILITY:** Playground is accessible.

Upper Cascades Park is located at 3550 N. Kinser Pk. and is home to the Cascades Golf Course. The Skate Park at 2602 N. Kinser Pk. features concrete ramps, rails and other terrain for use by skateboarders and in-line skaters.

AMENITIES: Playground, 27-hole golf course (see page 30 for costs, tee times, clubhouse rental), restrooms, Skate Park, benches and one large, reservable shelter (Lions Den, see page 11 for details)

PARKING: Available at Cascades Clubhouse, shelter and Skate Park **ACCESSIBILITY:** Designated parking spaces at clubhouse, playground and shelter are accessible.

Clear Creek Trail

The Clear Creek Trail has trailheads located at Tapp Rd., That Rd. and Church Ln. The southernmost part of the trail features the historic Harris Ford Bridge from Warren County.

PARKING: Lots located at Church Ln., That Rd. and Tapp Rd.

TRAIL: 2.4 miles, paved

ACCESSIBILITY: Trail and parking lots are accessible.

Crestmont Park & Community Gardens

Crestmont Park is located at 600 W. 16th St.

AMENITIES: Four basketball goals, 18-hole frisbee golf course (www.bdgc.org), one playground, a drinking fountain, one small, unreservable shelter and community gardens (see page 11 for details).

PARKING: Located off W. 16th St.

ACCESSIBILITY: Parking available, community gardens and playground are accessible.

Goat Farm

Located at 2000 E. Winslow Rd.

The Bloomington Community Park and Recreation Foundation, on behalf of the City of Bloomington, accepted a donation of 31.5 acres of land known as the "Goat Farm" from the Sherman Rogers family in June 2007. The City's Parks and Recreation Department will manage the area for public recreational purposes and passive greenspace.



Healthy Heart Tip!

Walking strengthens your heart.



Griffy Lake Nature Preserve

Scenic woodlands teeming with wild flora and fauna surround Griffy Lake at this 1,192-acre nature preserve. **Swimming is prohibited**, and to protect wildlife and visitors, all dogs must remain leashed while in the Preserve. Rowboat, kayak and canoe rentals are available seasonally at the Griffy Lake boathouse.

Griffy Lake Nature Preserve is located at 3300 N. Headley Rd. Call 349-3700 for more information.

Griffy Lake Rental Fees

Boat, Canoe and Kayak Rental (2 hr. limit on holidays/weekends) \$6/hour **Misc. Rental** (paddle, anchor, nature guide, etc.) \$50 10-Rental pass

Available for purchase at the boathouse during normal business hours.

Groups wishing to make boat rental reservations Monday–Friday may do so by calling 349-3759. We do not reserve boats on weekends or holidays.

Launch fees: \$50/season, \$5/day

Boathouse Hours: August, Daily, 8 a.m.–8 p.m.

September, Daily, 9 a.m.-6 p.m. October, Saturday and Sunday only,

9 a.m.–6 p.m.

November-March, Closed

Boathouse Phone: 349-3732

Self-Guided Canoe Trail Learn about the cultural and natural history of the Nature Preserve while traveling by canoe. Free, updated canoe trail guides are available at the Griffy Lake boathouse. **Griffy Lake Trails** Trail guides are available at the Bloomington Parks and Recreation office and the Griffy Lake boathouse. Please respect this fragile environment by remaining on the marked trails.

Dogs must remain on leash at all times. Mountain biking, horseback riding and off-road vehicles are strictly prohibited. AMENITIES: Boat, canoe and kayak rentals, 109-acre lake, one play field (off of N. Dunn St.), restrooms (next to boathouse, open during boathouse hours) and picnic tables (by the boathouse)

PARKING: Available by the boathouse (3300 N. Headley),

additional spaces available on N. Dunn St.

TRAILS: 10+ miles total, wood chip and natural; Wetlands Trail .3 miles, Nature Trail .4 miles (loop), Griffy Creek Trail 1.5 miles, Hiking Trail 1.6 miles (loop); Self-guided canoe trail (see above for details)

ACCESSIBILITY: Inaccessible

The surface of the lake often freezes in winter with varying ice conditions that can be hazardous. The City of Bloomington assumes no responsibility for accidents resulting from individuals venturing onto the ice.

Highland Village Park

Located at 950 S. Harvey Dr.

AMENITIES: Two basketball goals, one play field, a drinking fountain, one small, unreservable shelter, a playground and .33-mile walking trail

PARKING: Limited space available

ACCESSIBILITY: Playground/swings and trail are accessible.

Jackson Creek Trail

Construction of Phase I of the Jackson Creek Trail, from the Winslow/ High Street roundabout to Sherwood Oaks Park, was completed in August 2010.

Latimer Woods

Located on the east side of Bloomington at 3200 E. Buick Cadillac Blvd. A .4-mile interpretive trail describing the area and its history is located on the 10-acre property. The trail can be accessed down the dirt road toward the woods.

AMENITIES: .4 mile loop, woodchip

PARKING: Southwest corner of The Woods at Latimer apartments

ACCESSIBILITY: Inaccessible

Leonard Springs Nature Park

Located on the southwest side of Bloomington, west of State Road 37 at 4685 S. Leonard Springs Rd. Leonard Springs contains both Leonard Springs and Shirley Springs in addition to caves, steep, forested slopes and a wetland.

PARKING: Available at lot on Leonard Springs Rd.

TRAIL: 1 mile, wood chip and natural **ACCESSIBILITY:** Inaccessible

Miller-Showers Park

Miller-Showers Park is located at 1500 N. College Ave. and is accessible from 17th St. on the south. Miller-Showers Park greets residents and visitors with the "Red, Blond, Black and Olive" sculpture, observation pier, walking bridge, accessible trail and native landscaping.

AMENITIES: Park benches, drinking fountain and .59-mile

PARKING: Located off W. 17th St., additional parking available on N. Walnut St. and S. College Ave. adjacent to the park ACCESSIBILITY: Designated parking available in W. 17th St. lot,

trail is accessible.

Olcott Park

Located at 2300 E. Canada Dr.

AMENITIES: Multipurpose play fields (lighted-reservable), one reservable shelter (Young Pavilion, see page 11 for details), restrooms and playground

PARKING: Large parking lot TRAIL: .5 miles (loop), paved

ACCESSIBILITY: Designated parking space in lot, playground and shelter are accessible.

Park Ridge Park

Located at 3421 E. Longview Ave.

AMENITIES: Two basketball goals, one playground, one small, unreservable shelter with grill and bike path to the bypass nearby

PARKING: None

ACCESSIBILITY: Playground and shelter are accessible.

Park Ridge East Park

Located at 4221 E. Morningside Dr.

AMENITIES: One full basketball court (unlighted), one small, unreservable shelter with grill and two tennis courts. New playground equipment was installed in 2008.

PARKING: None

ACCESSIBILITY: Shelter is accessible.

Peoples Park

Located in the heart of the city and bordering the Indiana University campus at 501 E. Kirkwood Ave.

AMENITIES: Benches, checker tables, murals, stone sculpture and mosaic tiles; Tuesday Lunch concerts at Noon, May through September.

PARKING: Available on Kirkwood Ave. and surrounding streets

ACCESSIBILITY: Accessible



RCA Park

Located at 1400 W. RCA Park Dr.

AMENITIES: Two full basketball courts (lighted), two baseball/softball fields, restrooms near playground, four tennis courts, one large play field, one large playground with sand surface and two reservable shelters (one large, one small; see page 11 for details)

PARKING: Parking available in RCA Park Drive lot **TRAILS:** .7 miles, paved interpretive trail, and .74 miles,

wooded trail

ACCESSIBILITY: Interpretive walking trail is accessible.

Shelter and parking are accessible.



RCA Park

Rose Hill Cemetery

Located at 1100 W. Fourth St. Features graves of both local and nationally known Bloomington residents. Cremation ground plots and mausoleum niches are still available. Burial records are now available at bloomington.in.gov/burials.

OFFICE: 930 W. Fourth St. Contact: Barb Dunbar at 349-3498

AMENITIES: Paved service drives, dog station

PARKING: Parking available on Fourth St. and along service drives

ACCESSIBILITY: Inaccessible

Schmalz Farm Park

Located at 3010 E. Daniel St.

AMENITIES: Schmalz barn, one playground, benches, one small

unreservable shelter and picnic tables **PARKING:** Limited space available

ACCESSIBILITY: Playground and shelter are accessible.

Sherwood Oaks Park

Located at 1600 E. Elliston Dr.

AMENITIES: Two basketball goals, open play fields, two tennis courts, a drinking fountain, one small, unreservable shelter, a small, running stream and a trail bridge over Jackson Creek leads to Olcott Park and Jackson Creek Middle School. New playground equipment was installed in 2009.

PARKING: Parking lot with limited space **ACCESSIBILITY:** Tennis courts are accessible.

Southeast Park

Located on a cul-de-sac, Southeast Park is located in the Sycamore Knolls neighborhood, just south of Moores Pike at 1600 Sycamore Ct. **AMENITIES:** Four basketball goals, one playground, one small, unreservable shelter with picnic table and two grills, tennis courts, a drinking fountain and a gravel walking path in the south end of the park

PARKING: Small parking area at end of cul-de-sac ACCESSIBILITY: Playground and shelter are accessible.

Third Street Park

Located at 331 S. Washington St. **AMENITIES:** One playground, stage

PARKING: Parking available behind the stage, limited parking available along S. Lincoln St. and S. Washington St.

ACCESSIBILITY: Designated parking space available behind the stage; sidewalk through the park is accessible.

Twin Lakes Sports Park

Located at 2350 W. Bloomfield Rd. (Second Street)

AMENITIES: Four softball fields (lighted), one playground, picnic tables, concession stand (when games are in play), one reservable, closed shelter (Twin Lakes Lodge, see page 11 for details) and restrooms (during league play)

PARKING: Parking for over 300 vehicles **TRAILS:** .7 miles, wood chip and natural trail

ACCESSIBILITY: Playground is accessible, designated parking space, ballfields are accessible, Twin Lakes Lodge (except kitchen) is accessible.

Wapehani Mountain Bike Park

Hit the trail with your mountain bike at this 46-acre park, located at 3401 W. Wapehani Rd. Wapehani Mountain Bike Park was the first mountain bike park established in the State of Indiana. Helmets and a signed waiver statement are required for bicyclists. Waivers are available at the Parks and Recreation office. Please don't ride the trails when they're muddy!

TRAIL: 5.0 miles, dirt

PARKING: Gravel lot on Wapehani Rd., limited spaces

ACCESSIBILITY: Inaccessible

White Oak Cemetery

Located at 1200 W. Seventh St. Originally the United Presbyterian Cemetery, this cemetery was purchased by the City of Bloomington in 1914 and renamed White Oak in 1983. Plots are still available for purchase. Burial records are now available at bloomington.in.gov/burials.

OFFICE: 930 W. Fourth St. Contact: Barb Dunbar at 349-3498

AMENITIES: Greenspace

PARKING: Parking available on street and on service drive

ACCESSIBILITY: Inaccessible

Winslow Sports Complex

Located at 2800 S. Highland Ave., just south of the YMCA **AMENITIES:** Six baseball/softball fields, multiple tennis courts, one playground, one play field and restrooms

PARKING: Lot located off S. Highland, additional parking at

Winslow Woods Park **TRAILS:** .9 miles, natural

ACCESSIBILITY: Playground and parking are accessible.

Winslow Woods Park & Willie Streeter Community Gardens

Located at 2120 S. Highland Ave., just north of Winslow Sports Complex, Winslow Woods Park features the Willie Streeter Community Gardens. See page 4 for details.

AMENITIES: Two basketball goals (unlighted), one playground, one play field, restrooms (Port-A-John), one large, reservable shelter (see page 11 for details), picnic tables, a drinking fountain and community gardens

PARKING: Parking available at shelter

ACCESSIBILITY: Parking, playground, community gardens and shelter are accessible.

Bloomington's City Trails

For more information call 349-3700.

All Bloomington trails offer an alternative means of transportation, a place to be active, and represent a long-term commitment to connect public facilities by routes that do not require vehicles.

B-Line Trail

The second and final phase of construction on the B-Line Trail was successfully bid on Feb. 24, 2010 by Tri-County Builders of Bedford, Ind. with a bid of \$3,949,839. The B-Line Trail is largely funded through federal stimulus and state grant awards. Tri-County Builders successfully completed construction of the trail's first phase in 2008/09. Construction on the remaining 2.4 miles of trail has begun, and is expected to be completed in late summer 2011.



The final project phase will extend trail construction from the downtown section (6/10 mile) completed in June 2009. The project includes the trail section from the west side of Rogers Street to the east side of Adams Street (7/10 mile) and from the north side of Second Street to the north side of Country Club Drive (1.75 miles) through the City's recently acquired property, known as the McDoel Railroad Switchyard.

The trail will incorporate many of the design features included in Phase I construction, such as street name paver treatments at each crossing, a human/pet drinking fountain, park benches, limestone accents, trees, and landscaping. This final construction phase will also be lighted with energy-efficient LED fixtures. Small plaza areas will be constructed near Seminary Square south of Second Street and at Adams Street. Generous financial support from Bloomington Hospital will result in the provision of several fitness stations along the trail between First Street and Grimes Lane.

Jackson Creek Trail

The first of several phases of the Jackson Creek Trail began with construction of the Trail from the Winslow, High and Rogers roundabout south across the City-owned "Goat Farm" property to Sherwood Oaks Park, a distance of approximately 6/10 of a mile.



The Trail is similar in design to the Clear Creek
Trail with a 12' asphalt pavement width,
landscape plantings, rain garden drainage
features, and site amenities such as park benches and a drinking fountain.
Work on the first phase of the Jackson Creek Trail was completed in
July 2010.

The \$327,295 cost for trail construction, as well as the construction inspection costs, were 100 percent funded by the American Recovery and Reinvestment Act.

Clear Creek Trail

The Clear Creek Trail is a linear park consisting of 20.8 acres and stretching 2.4 miles from Country Club Drive past Tapp Road to Church Lane. The paved Clear Creek Trail connects to the gravel Bloomington Rail Trail, and will eventually connect to the B-Line Trail via the Bloomington Rail Trail. Long-range plans call for the Clear Creek and Jackson Creek Trails to connect as well.



Phase I of the Clear Creek Trail between Tapp Road and That Road was opened on May 23, 2001. Phase II from That Road to Church Lane was opened on October 30, 2003.

Shelter House Rentals

Shelter house reservations may be made in person at the Bloomington Parks and Recreation office, Monday–Friday, from 8 a.m.–5 p.m. With the exception of Twin Lakes Lodge, shelter reservations may also be made online; the Lodge must be reserved in person. Shelters are available for rental April 1 through October 31. Reservations are available year round on a first-come, first-served basis.

Bryan Park—Henderson—\$43

This shelter is near Henderson St., close to the Tot Lot playground, and houses 25–30 people. The shelter is equipped with a grill, but no electricity.

Bryan Park—North Shelter—\$43

This shelter is located near the north side of the park. It houses approximately 25–30 people and comes equipped with a grill, water and electricity.

Bryan Park—Woodlawn Group Shelter—\$55

This shelter is near Woodlawn Ave. and situated close to Bryan Park Pool and the tennis courts. It houses approximately 120 people, is wheelchair accessible, and comes equipped with grills, electrical outlets and lights.

Building and Trades Park Shelter—\$43

Across from Bloomington Hospital on Second St., this shelter houses 25–30 people. It is wheelchair accessible, comes equipped with accessible restrooms and a grill, but no water or electricity.

Lower Cascades Park—Sycamore Shelter—\$65 Located in the lower portion of Cascades Park, this shelter houses approximately 75 people. Bathrooms (open seasonally) are a part of the building, and the shelter comes equipped with grills, electricity, playground access and a large parking lot.

Lower Cascades Park—Waterfall Shelter—\$55

This shelter houses approximately 75 people. It comes equipped with electricity, a fireplace, playground access, grills and a sand volleyball court nearby. Restrooms are across the road at the playground or in the Sycamore Shelter.

Olcott Park—Young Pavilion—\$55

This round pavilion can accommodate 50–75 people. It is wheelchair accessible and comes equipped with picnic tables and a group grill, but no lights or electricity. Restrooms are located nearby.

RCA Park—Small Shelter—\$43

Located off Rockport Rd./Countryside Ln. on RCA Park Dr., this accessible shelter houses approximately 25–30 people. It comes equipped with a grill, but no water or electricity. Restrooms are located nearby.

RCA Park—Large Shelter—\$50

This shelter is a beautiful wood structure, secluded among trees and accessible by boardwalk. It can accommodate 50–75 people and comes equipped with adult and children's picnic tables, group grills, electrical outlets and lights, and is wheelchair accessible. Restrooms are located nearby.

Twin Lakes Lodge—\$90 (Mon.-Thur., + \$100 deposit); \$150 (Fri.-Sun., and holidays + \$145 deposit) Located at 2350 W. Bloomfield Rd. with room for approximately 125 people. This enclosed shelter is wheelchair accessible (except kitchen) and overlooks Twin Lakes Sports Park. It comes equipped with an outdoor deck, full-size refrigerator, microwave, banquet-sized coffee pot and sink, restrooms, tables and chairs.

Upper Cascades Park—Lions Den—\$55

This accessible shelter can accommodate 100–120 people. An accessible playground is nearby, with adult and children's picnic tables, electrical outlets and a grill located at the shelter. Restrooms are available in the Cascades Golf Course Clubhouse during business hours, with Port-a-Johns located at the shelter site.

Winslow Woods Park Playground Shelter—\$50 Located off S. Highland Ave., this accessible shelter houses approximately 120 people and comes equipped with grills and an accessible playground, but no electricity.

SESSION I (Runs six weeks)*

Registration is open now.

Oct. 21-Dec. 2 Thursdays: Fridays: Oct. 22-Dec. 3 Oct. 23-Dec. 4 Saturdays: Cost: \$40/in-city, \$50/non-city Registration deadline: Fri., Oct. 15

The ICE SKATING INSTITUTE'S Learn-to-Skate Program

is a structured program designed to increase interest and participation in ice skating. Skills are broken down into progressive, achievable levels that encourage skater development. All classes are six weeks and run 30 minutes. Parents and non-participants are not permitted on the ice at any time during lessons. Refer to the descriptions below to determine appropriate level. Session II registration begin when Session I is complete.

Registration fee includes skate rental.

SESSION II (Runs six weeks) Registration begins Dec. 6.

Thursdays: Jan. 13-Feb. 24 Fridays: Jan. 14-Feb. 25 Saturdays: Jan. 15-Feb. 26 Cost: \$40/in-city, \$50/non-city Registration deadline: Wed., Jan. 7

Registration deadline	: FII., Oct. 1	. 3	кеді	stration fee
CLASS	Session	Day	Time	Code
PARENT/TO T Specialized instruction for 3- to 5-year-olds who have no previous skating experience. Emphasis on fun! One parent or guardi is required to accompany each child.	II II	Fri. Sat. Fri. Sat.	5–5:30 p.m. 10:30–11 a.m. 5–5:30 p.m. 10:30–11 a.m.	62501-1A 62501-1B 62501-2A 62501-2B
TOT Specialized instruction for 3- to 5-year-olds who have no previous skating experience. Children must b able to separate from paren and participate without one- on-one attention. Course Content: Proper wa to fall & get up; marching in standing position; marching while moving; swizzles; dips hopping in place.	ts I II II Y II II	Thur. Thur. Thur. Fri. Sat. Sat. Thur. Thur. Thur. Fri. Fri. Sat. Sat. Sat.	5:30-6 p.m. 6:05-6:35 p.m. 6:40-7:10 p.m. 3:50-4:20 p.m. 4:25-4:55 p.m. 11:05-11:35 a.m. 11:40 a.m12:10 p.m. 6:05-6:35 p.m. 6:40-7:10 p.m. 3:50-4:20 p.m. 4:25-4:55 p.m. 11:05-11:35 p.m.	62502-1A 62502-1B 62502-1C 62502-1D 62502-1F 62502-1F 62502-2A 62502-2A 62502-2B 62502-2C 62502-2D 62502-2E 62502-2F 62502-2G
PRE-ALPHA Introduces skaters 5 yrs. and up to the wonderful world of ice skating. Emphasizes fun and safety! Course Content: One and two foot glides; forward and backward swizzles; backward wiggles.		Thur. Thur. Thur. Thur. Fri. Fri. Sat. Sat. Sat. Thur. Thur. Thur. Thur. Fri. Fri. Sat. Sat. Sat. Sat.	5:30–6 p.m. 6:05–6:35 p.m. 6:40–7:10 p.m. 7:15–7:45 p.m. 3:50–4:20 p.m. 4:25–4:55 p.m. 5–5:30 p.m. 10:30–11 a.m. 11:05–11:35 a.m. 11:40 a.m.–12:10 p.m. 6:05–6:35 p.m. 6:40–7:10 p.m. 7:15–7:45 p.m. 3:50–4:20 p.m. 4:25–4:55 p.m. 5–5:30 p.m. 10:30–11 a.m. 11:05–11:35 a.m.	62503-1A 62503-1B 62503-1C 62503-1E 62503-1E 62503-1H 62503-1H 62503-1J 62503-2A 62503-2B 62503-2C 62503-2C 62503-2C 62503-2C 62503-2C 62503-2C 62503-2C 62503-2C 62503-2C 62503-2C 62503-2C 62503-2C 62503-2C 62503-2C 62503-2C

^{*}Classes do not meet 11/25-27.



Ice skaters enjoy time with friends and get exercise at the same time!

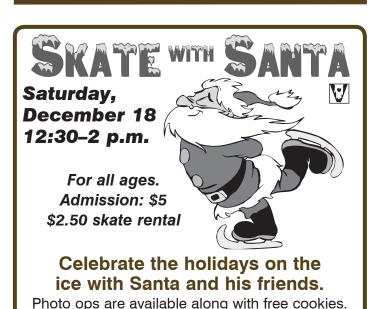
CLASS S	Session	Day	Time	Code
	ully graduated	maneuvers,	ELTA ensuring rapid progress over all important foundation mov	
ALPHA Recommended for the skater that has successfully completed the Pre-Alpha program. Course Content: Forward stroking; forward crossovers—both directions; one foot snowplow stop.		Thur. Thur. Thur. Thur. Fri. Fri. Sat. Sat. Thur. Thur. Thur. Thur. Thur. Thur. Sri. Fri. Sat. Sat.	5:30-6 p.m. 6:05-6:35 p.m. 6:40-7:10 p.m. 7:15-7:45 p.m. 3:50-4:20 p.m. 4:25-4:55 p.m. 5-5:30 p.m. 10:30-11 a.m. 11:05-11:35 a.m. 6:05-6:35 p.m. 6:40-7:10 p.m. 7:15-7:45 p.m. 3:50-4:20 p.m. 4:25-4:55 p.m. 5-30 p.m. 10:30-11 a.m. 11:05-11:35 a.m.	62504-1A 62504-1B 62504-1D 62504-1B 62504-1B 62504-1B 62504-1B 62504-1B 62504-2B 62504-2B 62504-2C 62504-2C 62504-2C 62504-2C 62504-2C 62504-2D 62504-2D
BETA Recommended for the skater that has successfully completed the Alpha program. Course Content: Backward stroking, crossovers—both directions; T-stop—both feet.	I I I I II III III	Thur. Thur. Fri. Sat. Sat. Thur. Thur. Fri. Sat. Sat. Sat.	5:30-6 p.m. 6:05-6:35 p.m. 4:25-4:55 p.m. 10:30-11 a.m. 11:05-11:35 a.m. 5:30-6 p.m. 6:05-6:35 p.m. 4:25-4:55 p.m. 10:30-11 a.m. 11:05-11:35 a.m.	62505-1A 62505-1B 62505-1C 62505-1D 62505-1E 62505-2A 62505-2B 62505-2C 62505-2D 62505-2E
GAMMA Recommended for the skater that has successfully completed the Beta program. Course Content: Forward outside three turns—both fee right and left forward inside Mohawk combination; hockey stop.	II	Thur. Thur. Fri. Fri. Sat. Thur. Thur. Fri. Fri. Sat.	6:05–6:35 p.m. 7:15–7:45 p.m. 4:25–4:55 p.m. 5–5:30 p.m. 10:30–11 a.m. 6:05–6:35 p.m. 7:15–7:45 p.m. 4:25–4:55 p.m. 5–5:30 p.m. 10:30–11 a.m.	62506-1A 62506-1B 62506-1C 62506-1D 62506-1E 62506-2B 62506-2B 62506-2C 62506-2D 62506-2E
DELTA Recommended for the skater that has successfully complete the Gamma program. Course Content: Forward inside three turns—both feet; forward edges—inside and outside; shoot the duck or lunge; bunny-hop.	I I I II II II	Thur. Thur. Fri. Sat. Thur. Thur. Fri. Sat.	5:30–6 p.m. 6:40–7:10 p.m. 5–5:30 p.m. 11:05–11:35 a.m. 5:30–6 p.m. 6:40–7:10 p.m. 5–5:30 p.m. 11:05–11:35 a.m.	62507-1A 62507-1B 62507-1C 62507-1D 62507-2A 62507-2B 62507-2C 62507-2D
FREESTYLE Recommended for the skate is interested in developing to complete each freestyle level.	nore advanced	d figure ska		
ADULT BEGINNER (16 yrs. and up) Recommended for the begin	I I II II	Thur. Sat. Thur. Sat.	7:15–7:45 p.m. 11:40 a.m.–12:10 p.m. 7:15–7:45 p.m. 11:40 a.m.–12:10 p.m. no skating experience.	62509-1A 62509-1B 62509-2A 62509-2B
ADULT INTERMEDIAT (16 yrs. and up) Recommended for adults wh Skills in the Alpha through a	II no are comfort			62510-1A 62510-1B 62510-2A 62510-2B ng experience.



The Spring Ice Show is March 4. Look for information in the Winter-Spring 2011 program guide.

Special Events





Don't miss out on this family event!



Healthy Heart Tip!

Recreational ice skating burns about 250-810 calories per hour; competitive skating can burn up to 450-1,080 calories per hour.

Bloomington Figure Skating Club

The Bloomington Figure Skating Club is an organization where people of all ages can learn figure skating skills and practice those maneuvers in a safe environment, participate in the club show, test to various ISI levels, and compete. For more information, contact the Frank Southern Ice Arena at 349-3740.

Indiana University Figure Skating Club

The Indiana University Figure Skating Club is a competitive team consisting of student athletes from Indiana University. For more information, contact the Frank Southern Ice Arena at 349-3740.

Indiana University Hockey

The Indiana University Hockey Team is a competitive club of IU student athlete hockey players who play against other colleges and universities across the country. Home games are played at the Frank Southern Ice Arena. Tickets are sold on game days only. For more information, visit the team's Web site at www.iuhockey.org.

Lunar Public Skating

Every Saturday from 7–9 p.m.! Ice skate in a specially lit, lunar-like arena while listening to the best hits of the '80s, '90s and today courtesy of the Arena's super-watt sound system. Groups of all sizes and skaters of all ability levels are welcome! Lunar skating involves the use of strobe and other special-effect lighting.

Cost: \$5 admission, \$2.50 skate rental

Night Owl Skating

Enjoy late-night skating at the Frank Southern Ice Arena every Saturday from 9:15–11 p.m.

Cost: \$5 admission, \$2.50 skate rental

See page 12 for Ice Skating Lessons.

See pages 26–28 for Youth and Teen Hockey programs.

See page 35 for Adult Hockey programs.



Skate & Scare participants have a frighteningly good time.





The Parks and Recreation Department is committed to an inclusive approach to recreation. Inclusion is individuals with and without disabilities participating in recreational activities together. In order for individuals with disabilities to participate as fully as possible, reasonable accommodations are provided. Reasonable accommodations are individualized techniques and resources used to enhance program participation without fundamentally altering a program. Inclusion makes it possible for individuals to choose from the vast array of programs offered by Parks and Recreation.

How to request reasonable accommodation:

- 1. When you register, mark "yes" in the inclusive service request section. At least two weeks notification prior to the registration deadline for each program is required. In some cases reasonable accommodation may take longer.
- 2. Request and complete an inclusion questionnaire.
- 3. Inclusive Recreation Coordinator will contact participant to establish an individualized inclusion plan.

Leisure Companion Program



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The Leisure Companion Program is a service in which participants with disabilities are partnered with a volunteer companion who provides additional support during participation in inclusive activities. The level of support varies according to the specific needs of each individual. **Leisure Companions are also needed to assist participants in Inclusive Recreation programs.** For more information, contact Kim Ecenbarger at ecenbark@bloomington.in.gov or 349-3739. To be partnered with a Leisure Companion, register for activities of interest, and request a reasonable accommodation.

Special Olympics Indiana— Monroe County



Special Olympics Indiana—Monroe County offers year-round sports training and athletic competition for children (8 yrs. and up) and adults with intellectual, cognitive and learning disabilities. Special Olympics provides opportunities for athletes to develop physical fitness, demonstrate courage, experience joy and share gifts, skills and friendship with others in our community. Special Olympics Indiana—Monroe County is proud to work with nearly 200 Special Olympics athletes and their families. To find out if you or a family member are eligible to participate, call 325-1548 or e-mail specialolympics@kiva.net or write to P.O. Box 2554, Bloomington, IN 47402.

Special Olympics Indiana–Monroe County is also on the Web at www.specialolympicsmonroecounty.org. If you are interested in joining the County Management Team, contact Denise Brown at 325-1548.





Rhythm and Drumming

Experience the empowerment and unity of community drumming. Activities, facilitated by a board certified music therapist, are designed to provide an alternative means of social interaction, as well as develop concentration, body awareness, and stress relief. Instruments are provided, but personal percussion instruments are welcome and encouraged. Teens and adults of all abilities are welcome. No prior musical experience is necessary. Handicap and wheelchair accessible.

"The spirit and magic of rhythm expressed on drums and percussion instruments cuts through all ages, sexes, religions, races and cultures. Rhythm is a universal language known to everyone, even the youngest child."—Arthur Hull, internationally renowned percussionist

 Code
 Day(s)
 Date(s)
 Time
 Register by

 68001-A
 Mon.
 9/13-12/6*
 4:15-5 p.m.
 9/3

Cost: \$120 (12, 45-minute classes)

Ages: Teens and adults

Location: Allison-Jukebox Community Center

Instructor: Jonni Fogerty, BCMT **Other:** *Class does not meet 10/11.

Ice Skating Lessons

See page 12. Ice Skating lessons are inclusive for people with disabilities.



Sunday, October 3 • 2 p.m. Bryan Park, Woodlawn Shelter Register by 2 p.m. • Walk at 3 p.m. FREE • For all ages.

The Down Syndrome Family Connection presents the third annual Buddy Walk® to promote acceptance and inclusion of people with Down Syndrome and to raise funds locally and nationally for education, research and advocacy programs. The Down Syndrome Family Connection provides numerous services locally such as new parent resource packets and community education events.

For more information, contact the Down Syndrome Family Connection at (812) 720-9603 or buddywalk@downsyndromefamilyconnection.org.

For more information contact our Inclusive Recreation Coordinator, a Certified Therapeutic Recreation Specialist, at 349-3747.

All Parks and Recreation programs are inclusive for people with disabilities!

INCLUSIVE RECREATION ADVISORY COUNCIL

Meetings are scheduled on October 6 and December 8 from 4–5 p.m. at City Hall, Hooker Conference Room.

The public is welcome and encouraged to attend.







Saturdays

April-November 8 a.m.-1 p.m.

Tuesdays

June-September 4-7 p.m.

401 N. Morton St.

The Saturday Market

The Bloomington Community Farmers' Market takes place April through November in the Showers Common. Locally grown produce, annual and perennial plants, and a variety of prepared foods are available. Purchase your food directly from farmers and ask them questions about their products. Local entertainment adds to the shopping as well as socializing experience. Tantalizing scents and the inviting atmosphere may cause you to make the Market a weekend tradition. The Farmers' Market is smoke free. Restrooms are available in City Hall during Market hours. Dogs are NOT permitted at Market on the paved area of Showers Common (where the farm vendors are set up) or the Market Plaza on the B-Line Trail, but you can visit the adoptable pets from the City's Animal Shelter. For up-to-date information on product availability and the weekly entertainment schedule, visit our Web site at www.bloomington.in.gov/farmersmarket.

The Tuesday Market

Outdoor dining, live music, and fresh, locally grown produce make this a relaxing evening occasion to shop and mingle. The Tuesday Market is located next to Bloomingfoods Near West Side on Sixth and Madison Streets. It is scheduled from June through September from 4-7 p.m. at the height of the growing season.

The Market Accepts Food Stamp Benefits

You may use your Electronic Benefits Transfer (EBT) cards to exchange food stamp benefits for "Market Bucks". The Market Bucks are available in \$3 increments at the Parks and Recreation table during Market hours. Market Bucks can be used to purchase eligible food items including fresh, locally raised fruits, vegetables, eggs, honey, maple syrup, meat, cheese, and other dairy products from participating Market vendors.

America's Favorite Farmers' Markets[™] contest

America's Favorite Farmers' Markets[™] contest is underway—have you cast your vote for the Bloomington Community Farmers' Market yet? The contest is a nationwide challenge to see which farmers' market can rally the most support from its customers. The goal is to promote the connection between fresh local food and the local farms and farmland that supply it. One boutique, one small, one medium, and one large farmers' market will be named America's Favorite Farmers Market. This competition is about more than just being number one—it is about supporting your local farms and Farmers' Market.

The contest runs through August 31. Place your vote today at www.farmland.org/vote and encourage your friends to do the same!

Farmers' Market Advisory Council

The Farmers' Market Advisory Council consists of nine members representing Market customers and vendors. The Council acts in an advisory capacity to the Board of Park Commissioners and Park staff on policy matters relating to the Farmers' Market. Meetings are usually held at 5 p.m. the third Monday of each month in the Parks Conference Room, Suite 250 in City Hall and are open to the public. For more information, contact Marcia Veldman at 349-3738 or veldmanm@bloomington.in.gov.

Farmers' Market gift certificates are available!

Saturday Market Parking

Free Market Parking:

- Located at City Hall in all Green, Red and IU "C" Permit spaces.
- On-street non-metered spaces (Parking is enforced on Saturdays.)

Pay Market Parking:

- On-street metered spaces (\$0.50/hour)
- Garage Market—entrance on Morton Street between Sixth and Seventh Streets (\$0.50/hour)



8 a.m.-1 p.m.

August 14 ♦ September 11

9 a.m.-1 p.m.

October 9

Showers Plaza Eighth and Morton Streets

AN ARTS AND FINE CRAFTS FAIR

Bloomington Parks and Recreation hosts the displays and demonstrations of visual arts and fine crafts by local and regional artists the second Saturdays of the Market season, May through October. Browse for beautiful and well-crafted objects at A Fair of the Arts, a celebration of art and community. For more information about A Fair of the Arts, call 349-3725 or e-mail levertk@bloomington.in.gov.





A variety of original works of art can be found at A Fair of the Arts.

Who has the best salsa in Bloomington? It might be you!

Enter the 22nd annual salsa showdown.

SALSA CONTEST

Saturday, August 28 ♦ 10 a.m. ♦ Showers Plaza ♦ For all ages.

Entry packets are available at Bloomingfoods East (3220 E. Third St.) and Bloomingfoods Near West Side (316 W. Sixth St.) beginning August 2.

The entry fee of \$5 is payable when you pick up your packet. Limit one entry per category per person. Entry packets include: an entry form • a recipe card • two 16 oz. containers for salsa • a bag to place them in Entry packets must be returned to Bloomingfoods East or Near West Side no later than 8 p.m. on August 27.

Regulations: Salsas should be entirely handmade with fresh ingredients; no additives, preservatives, artificial flavors or processed sauces allowed. Twenty entries in each of the three categories (tomato-based raw, tomato-based cooked and specialty) will be accepted on a first-come, first-served basis. All of the ingredients in raw salsa must be completely uncooked (no smoking, braising, roasting, etc.) Specialty salsas may include tomatoes, but not as a main ingredient. Judging for the Salsa Contest takes place at the Bloomington Community Farmers' Market at 10 a.m. on Saturday, August 28. You or a representative must be present at the event by 11 a.m. to win. Judges and their family members are prohibited from entering. First, second and third place prizes are awarded in each category. Limit of one entry per category, per person.

For more information call Ellen Michel at (812) 339-4442, Ext. 105.

Even if you don't enter, plan on joining in the fun. There will be salsa tasting while supplies last. Gregg "Rags" Rago of Nick's English Hut will conduct a salsa-making demonstration at 10:15 a.m.

Salsa Dance Contest! Arthur Murray will host a salsa dance contest and demonstration at 11 a.m. in conjunction with the Salsa Contest. The exciting music and rhythmical body movements make these dances irresistible. Participants can register in advance at Arthur Murray for \$4/couple or on site for \$5/couple. Look cool; dance HOT! For more information call (812) 334-0553. Co-sponsored by Arthur Murray Dance Studio.



Arthur Murray

Fiesta del Otoño

Saturday, September 25 10 a.m.-Noon • For all ages. Showers Plaza

Take a trip through Latin America—right here in Bloomington! Celebrate Hispanic Heritage Month with music, dance, cooking demonstrations, kids' activities, and more.

Co-sponsored by the City of
Bloomington Community and Family
Resources Department, Indiana University
Center for Latin American &
Caribbean Studies, and Positive Link.



Saturday, October 2 10 a.m.-12:30 p.m. • FREE Showers Plaza • For all ages.

Crisp, juicy, tangy, sweet! Bite into an apple and enjoy the flavors of fall. Many varieties of apples are available for tasting and sale at the Bloomington Community Farmers' Market.

 ${\it Co-sponsored by:}$



Slow Food®

HOMEGROWN INDIANA FARM TOUR

Spend a Sunday getting closer to your food.

Sunday, October 3 · Buses depart at 12:15 p.m. from Showers Common.

\$20 · For all ages · Register by 9/27 (Code 56503-A)

Travel to Capriole Farm where owner Judy Schad and her crew raise goats and make award-winning cheeses from goats' milk. Meet the animals behind the delicious flavors and learn a little about cheese making, too. On the way we'll stop at the Lost River Market and Deli, a cooperative grocery in Paoli, and witness this grassroots effort to bring an alternative to the same old food choices to southern Indiana.

Conclude the evening by sampling Capriole's outstanding farmstead goat cheeses accompanied by Butler Winery's wine made from Indiana grapes, delicious soups featuring seasonal and locally grown ingredients prepared by Foodworks for Middle Way House, and fresh bread from locally grown wheat baked by the folks at Muddy Fork Farm. While you're savoring this fine meal, you'll be treated to songs about food by chamber group Voces Novae. For detailed information, visit our Web site or contact Marcia Veldman at 349-3738 or veldmann@bloomington.in.gov.

Co-sponsored by Slow Food Bloomington, the Local Growers Guild and Bloomingfoods Market and Deli. Special thanks to Food Works for Middle Way House, Muddy Fork Farm, Butler Winery, and Voces Novae.



available at Market.



10 a.m.-3 p.m. • FREE • For all ages.

Enjoy the festive community atmosphere of the Farmers' Market while searching for the perfect holiday gift and listening to music from the TubaSantas. The Holiday Market features some of your favorite locally grown farm products, arts and crafts by area artisans and those unforgettable TubaSantas. For more information, visit www.bloomington.in.gov/parks or call 349-3748.

On Friday, November 26 from 4–7 p.m. visit the Holiday Market Sneak Preview.



City Hall is transformed into an art gallery with over 35 artists displaying and selling their wares in a relaxed, intimate atmosphere. Make an evening of it and stop by to do some early shopping before the Canopy of Lights ceremony on the Square. There is a \$2 admission fee, with children under age 12 yrs. admitted free.



Soup Tasting visitors sample a variety of soups from local restaurants.





Date/Performance group

The Performing Arts Series offers the Bloomington community numerous opportunities to experience the talent of its local artists. Bring a lawn chair, a blanket, and a picnic basket and become immersed in the sights and sounds!



For up-to-the-minute information on weather-related cancellations, call the Bloomington Parks and Recreation Community Events Hotline at 349-3754.

Bryan Park Sundays • 6:30–8 p.m. • FREE once group Style

August 15
The Not Too Bad classic bluegrass The May Agency
Bluegrass Band
August 22
Jason Fickel blues Bloomingfoods
and His Band
August 29
Lazy Saints modern folk/country jazz Bloomington

Monroe County Courthouse Lawn

Friday, September 3 ♦ 6–7:30 p.m. ♦ FREE Afro-Hoosier International

Sponsored by Downtown Bloomington, Inc. and Bloomington Parks and Recreation.

PEOPLES PARK



Sponsor

Realty

Tuesday Lunch Concert Series 11:30 a.m.-1 p.m. • FREE

Stop by Peoples Park for a quick pick-me-up or a relaxing lunch break. Pack a brown bag snack or visit a downtown restaurant for carryout and enjoy your lunch with some of Bloomington's finest musicians. This year's series features some of our most cherished local artists, and welcomes several new performers.

Aug. 17 Monika Herzig Acoustic Project (modern eclectic jazz)

Aug. 24 Kid Kazooey &
The Ballroom Roustabouts
(story singing, dance music
for young and young at heart)

Aug. 31 Creek Dogs (lively tail-waggin' folk)

Sept. 7 Lazy Saints (modern folk, country, jazz)

Sept. 14 The Mizfits (acoustic jazz/blues)

Sept. 21 Jason Fickel & His Band (blues)

Sept. 28 Kaia

(a capella world music)

Rain dates: October 5 and October 12



MOVIES IN BRYAN PARK

Friday nights from Aug. 13–Sept. 10, Bloomington Parks and Recreation and The Ryder Film Series present *FREE* movies. Parents, please be aware that some of the movies may have a rating of PG. We request your assistance in determining if they are appropriate for your family.

Fridays • All showtimes are at 9 p.m.

Rain dates are the Saturday following a rainout.

Arsenic and Old Lace (1944—NR)
August 13

Sponsored by The May Agency

Raiders of the Lost Ark (1981—PG)
August 20
Sponsored by World Wide Automotive

Sabrina (1954—G) August 27

Sponsored by St. John, May, and Woolford

Hotel for Dogs (2009—PG)
September 3
Sponsored by The Dog House

Labyrinth (1986—PG)
September 10
Sponsored by Bloomington Transit

2011 Performing Arts Series

Call to Sponsors

Only through the generous patronage of local businesses and organizations is the Bloomington Parks and Recreation Department able to provide **FREE** concerts and movies to the community. Sponsorship of the Performing Arts Series supports local performers and the community and provides excellent business exposure and name recognition.

Become a part of the Performing Arts Series' more than 20-year history of providing free concerts, movies and theatrical performances for the people of Bloomington! Call 349-3725 to find out more about sponsoring a concert or movie at one of Bloomington's beautiful city parks next summer.

Call to Artists

The Performing Arts Series takes place at a variety of venues around Bloomington and showcases local musical and theatrical talent. If you or your group are interested in performing, applications are available at the Bloomington Parks and Recreation office. Completed applications must be received by Monday, December 6 at 5 p.m. to receive full consideration. Performers are selected based on type and quality of performance, availability, past performance record, cost and sponsor interest. For details call 349-3725.

Informational meeting for all artists
November 30 at 5 p.m.—City Hall, Hooker Room, #245.



Saturday, August 21 • 8-Noon

Bryan Park—Woodlawn Avenue parking lot • FREE
Find everything you are looking for at the third annual
Junk in the Trunk community rummage sale.
Recycle, reuse, barter, or trade from this
convenient one-location, multi-person sale.
Last year's items included lawn equipment, antiques,
clothes, and much more. Come see what you can find!

Junk in the Trunk vendors:

Junk in the Trunk vendor spaces are \$15 per vehicle. Vendors will be assigned one slot to park in and one to set up sales. Information packets can be picked up at the Bloomington Parks and Recreation Department office. Register by 8/18. For more information, call Lynsie Burton at 349-3718.







Saturday, September 25 9–11 a.m. • Bryan Park • For all ages.

Head to Bryan Park for a morning of PLAY! Celebrate Bloomington's designation as a Playful City USA. We'll have lots of free, fun games and activities for all ages.





Drool in the Pool

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Wed., September 1
Thur., September 2
5–8 p.m. • For all ages.
at Bryan Park Pool • \$5/dog

(max. 1 dog per person)





White River Co-op

Bring your four-legged friend to Bryan Park Pool for two refreshing evenings.

Wednesday is strictly dog paddling, while Thursday is filled with activities including giveaways and splashtacular contests. Information and giveaways from various organizations are available during the second night only. Dog guards are on duty to supervise any dogs gone wild.

Both Limestone Lagoon and the main pool up to 4' are open for all dogs to enjoy (deep end is closed.)

All leashed, well-behaved dogs are welcome. Humans are not allowed to swim during Drool in the Pool. Help us keep the water clean. Prior to the event engage your dog in a high-energy activity to avoid feces in the water. Dogs are required to be at least six months of age. No retractable leads or dogs in heat, please.

We reserve the right to refuse admission to or dismiss any dog for unruly or aggressive behavior.

OWNERS MUST PROVIDE WRITTEN PROOF FROM A VETERINARIAN SHOWING THEIR DOG'S CURRENT RABIES VACCINATION TO ATTEND.

All dogs will be checked on site by City of Bloomington Animal Control. Dogs without written current proof of rabies vaccination will not be allowed in the event. Just a tag is not sufficient!

To move faster through line, download and complete registration materials from our Web site prior to the event.



Continue the fun by bringing your dog to a FREE showing of "Hotel for Dogs" on Friday, September 3 at *Movies in Bryan Park*. See page 18 for details.



Join One Book, One Bloomington, and Beyond in selecting a book for the 2011 community read!

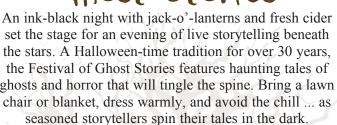
Voting takes place September 15–October 15, 2010. Criteria for selecting books on the voting list include:

- Fiction or creative nonfiction
- Available in paperback
- Appropriate for readers high school age or above
- Content conducive to the discussion of significant social or cultural issues
- Published in the 20th or 21st centuries

Watch for the ballot boxes and for information about voting online. Announcement of the selection occurs in January 2011.

For more information contact H. Michael Simmons at 349-3737.

Festival of Ghost Stories



Friday, October 22 • 7–8:30 p.m. FREE • Bryan Park*

Open to adults, teens, and older school age children.

Not appropriate for younger children.

*Rain location: Monroe Co. Public Library

For weather-related updates, call the Community Events Hotline at 349-3754.

A community partnership event sponsored by:









Saturday, October 23 1–4 p.m. • RCA Park

\$4/child · One adult admitted free with paid child's admission. \$2 each additional adult.

Geared toward children ages 4-8 yrs.

Children can explore with Dora on a trick-ortreat adventure through the woods in search of her lost friends! There will be fairy tale princesses, three little pigs, and a pirate too. They may even give out a treat or two!



Celebrate winter and show your holiday spirit by decorating your business windows. Attract people to your store with a wonderful window display.

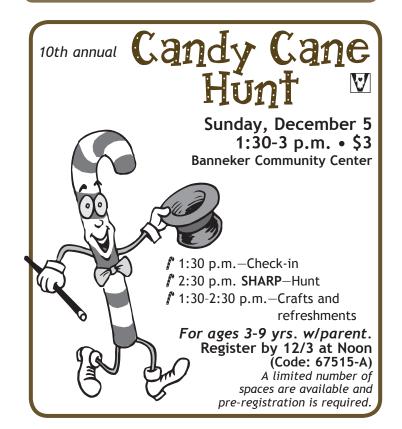
Decorate with lights or snow and make your window glow, with holidays on the mind it's your time to shine.

*** FREE**

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- * Celebrate any holiday within the season.
- * Application deadline is November 22.
- * Awards include: most creative, most holiday spirit, and best overall window.
- * Judging takes place November 26-December 3.
- * Winners announced December 6.

For more information, call 349-3718.







Take a Child Outside Week + September 24-30

Take A Child Outside Week is an international effort to introduce children to the wonders of our natural world and become good stewards as they become our future. This week-long movement offers a variety of activities you can enjoy with a child and rediscover your own inner child. For more information about these programs and this effort, call Elizabeth Tompkins at 349-3759 and visit www.takeachildoutside.org.

Bats in the Park



Friday, September 24 · 7-9 12.m. \$3/in-city, \$4/non-city Register by 9/22 (Code: 64004-A) Twin Lakes Lodge For all ages.

There are more than softball bats at Twin Lakes Lodge! Join the Center for North American Bat Research and Conservation to learn more about these furry, flying creatures including their habits, habitats, and characteristics. Meet Millie and Luna, two big brown bats, then venture outside (weather depending) to look for bats as they forage prior to the winter season and listen to bats on specialized equipment. In case of rain, bat-related educational games will be substituted. Donations are accepted at the program for bat research and conservation.

Instructor: Laura Hohman



Family Night Paddle



Saturday, September 25 · 7:30-9 p.m. \$6/in-city, \$7/non-city Register by 9/23 (Code: 64006-A) Griffy Lake Nature Preserve-Meet at the boathouse. For all ages.

Bring your family to paddle out at sunset and watch darkness fall on Griffy Lake in this special Night Paddle for Take a Child Outside Week. Registration is required and parents must accompany children under age 14 vrs. Watercraft, paddles, and personal flotation devices are provided. Bring a flashlight to help you navigate your way once you get back on dry land.

Let it Rot!

Sunday, September 26 · 6:30-7:30 p.m. \$6/in-city, \$7/non-city Register by 9/18 (Code: 64011-A) RCA Park-Large Shelter For all ages.

Don't get rid of that old dead, dying, or hollow tree in your yard—let it rot! Investigate the life in and around rotting logs as we take a closer look at the life cycle of trees and some of the 1,200 species that depend on these often overlooked habitats.

Instructor: Derek Greene

Fossil Explorers



Tuesday, September 28 • 5:30-7 12,m. \$3/in-city, \$4/non-city Register by 9/24 (Code: 64007-A) Griffy Lake Nature Preserve-Meet at the boathouse. For all ages.

Hike to the streambed of Griffy Creek and hunt for fossils and rocks that tell the story of Bloomington's geologic history. Wear sturdy shoes for this program.

Instructor: Sara Beatty

After-School Nature Day 💟



Wednesday, September 29 · 3:30-5:30 p.m. FREE · Register by 9/26 (Code: 64002-A) Rev. Ernest D. Butler Park For all ages.

Calling all kids, families and friends! Come out to Rev. Butler Park for an after-school nature extravaganza. We'll have stations set up to look at the weather, learn about animals, and create nature crafts. Come prepared to have a hoot!

Leonard Springs Nature Park Up Close



Thursday, September 30 · 6-7:30 p.m. \$3/in-city, \$4/non-city Register by 9/27 (Code: 64016-A) Leonard Springs Nature Park For all ages.

Get a close-up look at the plants and animals that call Leonard Springs Nature Park home. Collect aquatic critters, identify birds through binoculars, explore the karst features and develop a deeper understanding of the ecology of the park through these hands-on activities.

Music and Dance





Instructor: Lisa Bruns Location: Twin Lakes Recreation Center

Kindermusik Sampler

Saturday, August 14 • FREE 10:30 a.m.—Noon • For all ages.

Get a taste of all our Kindermusik classes
Instructor Lisa Bruns gives an interactive demonstration
of Our Time for Toddlers and Lisa's specially
created Music Capers for Preschoolers.

Kindermusik—Our Time for Toddlers

This class encourages your child to uncover an engaging musical world while building confidence, self-control and communication skills. Toddlers engage in singing, imitating sounds, rhyming, and object identification to foster language skills. Creative movement to various musical "moods" develops a sense of balance, timing, and spatial awareness. Specially designed instruments, exploration, movement, and storytime encourage emergent literacy and help make this class enjoyable for caregivers and children alike.

Code	Day(s)	Date(s)	Time	Register by
67511-A	Thur.	8/26-11/18*	10:30-11:15 a.m.	8/26
67511-B	Tue.	8/31-11/16	5:45-6:30 p.m.	8/31

Cost: \$100/in-city, \$110/non-city (12, 45-minute classes)

67511-C: \$60 Family materials

Family materials are required, one per family.

Ages: 1–3 yrs. w/parent

Other: *Class does not meet 10/28.

Music Capers for Preschoolers

Research suggests that music helps prepare the mind for specific disciplines of learning, including math, science, and language. Music Capers combines early childhood educational philosophies with fundamentals of music education and preschool concepts. Using the power of music, tap into your preschooler's creative spirit and boundless energy. Focus on developing self-confidence so your preschooler will be ready for school and prepared for future music lessons.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67512-A
 Tue.
 8/31–11/16
 4:45–5:30 p.m.
 8/31

Cost: \$90/in-city, \$100/non-city (12, 45-minute classes)

Location: Twin Lakes Recreation Center **Instructor:** Lisa Bruns, Kindermusik Educator

Ages: 3–5 yrs. w/parent

Rhythm and Drumming

See page 14.



Healthy Heart Tip!

Let your children help you with meal planning, grocery shopping, and meal preparation.

Living and Learning

Preschool programs at the Family Resource Center, located on the third floor of the Banneker Community Center



Toy Time for Babies

Bring your baby and play! Meet other parents, play with a variety of toys, and enjoy our third floor Family Resource Center. Siblings up to age 5 yrs. are welcome.

Cost: FREE

Ages: Newborn–5 yrs. w/parent **Time:** Mondays, 10 a.m.–Noon

Toy Time for Toddlers

Bring your toddler and play! Walk, jump or hop into our spacious third floor Family Resource Center. Meet other parents and play with a wide variety of toys geared toward active toddlers. You will also find educational materials on the latest topics in child development. Younger siblings welcome!

Cost: FREE

Ages: 2–5 yrs. w/parent

Time: Tuesdays, Wednesdays, and Thursdays, 10 a.m.–Noon

Thursdays, 2-4 p.m.

Say It in Spanish

Each Thursday the Family Resource Center hosts this popular learning time for preschoolers. Join Nancy as she sings, reads, and plays with the little ones while immersing them in the Spanish language.

Cost: FREE

Ages: 1–5 yrs. w/parent

Time: Thursdays; First session runs from 10–10:30 a.m.

and repeats from 11-11:30 a.m.

Physical Fridays

Each Friday the gym at the Banneker Center comes alive with preschool play. Bring your energetic child and keep away those indoor doldrums. Play mini basketball, hula hoop, ride the toy cars, jump, and run!

Cost: FREE

Ages: 1–5 yrs. w/parent

Time: Fridays, September 10–December 17, 10 a.m.–Noon

Parent workshops with free childcare

Bicycling with Babies and Toddlers: Tuesday, September 14, 6–7 p.m., presented by Bicycle Garage, Inc.

SLEEP!: Monday, October 11, 6–7 p.m., presented by Dr. Scot Moore, Southern Indiana Pediatrics

Cloth Diapering and Baby Slings: TBD

Family nights—Parents and children together

Edible Art: Monday, September 20, 6–7 p.m.

Baby Massage: Wednesday, October 6, 6–7 p.m., with Molly McDonald

of *Body, Mind and Molly, LLC* **Sand & Water Table:** Thursday, November 18, 6–7 p.m.



Preschoolers and their families interact, socialize, and play at the Family Resource Center.

Signing Babies

Sign a song of bears, balls, or bubbles! Watch—can your hands say "music" to the beat? Use the power of music and play to create unique opportunities to share ASL signing with your child. Signing with young, hearing babies and children enriches their interactions, relieves frustration, and gives you fascinating insights into your little one's thoughts and preferences. Signing facilitates early speech, vocabulary, and memory development. Through songs, toys, and playtime, this class will teach more than 50 signs children can use to "talk" with parents.

Code Day(s) Date(s) Time Register by

Beginners

67510-A Thur. 8/26-9/30 9:30-10:15 a.m. 8/26

Continuation after Beginners

67510-B 10/7-11/18* 9:30-10:15 a.m. 10/7 Thur.

Cost: \$60/in-city, \$75/non-city (6, 45-minute classes)

Ages: 6-24 mos. w/parent

Twin Lakes Recreation Center Location: **Instructor:** Lisa Bruns, Kindermusik Educator

Class includes the book Sign Language for Babies and Other:

Toddlers by Christopher Brown and John Clements.

*Class does not meet 10/28.

Leapin' Literature Story Hour

Literature comes alive on the second Wednesday of the month with a story, crafts, and games. Each Story Hour has a theme and planned activities.

Sports Sample Dates: 9/8 10/13 Autumn Winds 11/10 Thanks for Giving

12/8 Truck Jam

Cost: **FREE**

Ages: 2-5 yrs. w/parent Wednesdays, 10-11 a.m. Time: Banneker Community Center Location:

Somewhere over the Rainbow

Journey through a rainbow of imagination in this creative art class. We will explore each color of the rainbow through colorful crafts and artistic play. Wear play clothes and bring your imagination! Smocks are provided. Parents are invited to participate and must remain onsite.

Code Dav(s) Date(s) Time Register by 67514-A Tue., Thur. 9/14-9/30 4:45-5:30 p.m. 9/10

\$35/in-city, \$40/non-city (6, 45-minute classes) Cost:

3–4 yrs. w/parent Ages:

Banneker Community Center Location:

Banneker Buddies

Have a super fun day! In this "drop off" program, children will enjoy refreshments, crafts, lots of activities and free play. Our experienced staff will engage your children in fun activities while you enjoy some much-needed free time! Each of the four sessions has a special theme. Children should bring a sack lunch.

Code	Day(s)	Date(s)	Register by	Theme
67516-A	Fri.	9/17	9/10	Under the Sea
67516-B	Fri.	10/15	10/8	Jungle Exploration
67516-C	Fri.	11/19	11/12	Thanksgiving
67516-D	Fri.	12/17	12/10	Winter Wonderland

Cost: \$15/in-city, \$20/non-city

Ages: 3-5 yrs.

Time: 11:30 a.m.-1 p.m.

Location: Banneker Community Center

Alphabet Adventures

 \mathbf{V} A, B, C, D, alphabet fun for you and me! Children practice recognizing and writing letters as they experience the alphabet through art, reading, snacks, crafts, and creative play. Parents have the option to participate, but must remain onsite.

Code Dav(s) Time Register by 67513-A Tue., Thur. 10/5–11/18* 4:45–5:30 p.m. 10/1

\$60/in-city, \$70/non-city (12, 45-minute classes) Cost:

Ages: 2½-4 yrs. w/parent

Location: Banneker Community Center Other: *Class does not meet 10/28 and 11/11.

Planes, Trains, and DADDYmobiles

Ready, set, go with a pile of wood scraps and creative energy! Dads, grandads, uncles, and men bring your sons and daughters for an evening of designing, hammering, and building! Materials are included.

Day(s) Code Date(s) Time Register by 67506-A Thur 10/14 6-7 p.m. 10/11 67506-B Wed. 11/17 11/15 6-7 p.m.

Cost: \$5/child

3-5 yrs. w/parent Ages:

Location: Banneker Community Center



Sunday, December 5 1:30-3 p.m. • \$3 See page 20.

Healthy Living



ZumbAtomic®

See page 24.

 \mathbf{V}

Sports and Fitness



Ice Skating

See pages 5 and 12–13.

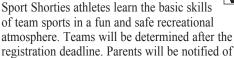
Basketball Future Stars

See page 26.

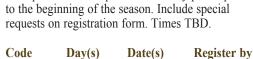
Bloomington Youth Basketball

See page 25.

Sport Shorties Fall Ball



team placement and practice times by phone prior





Coue	Day(s)	Date(s)	Register by	Ages
57505-A	Sat.	9/11–10/16	9/3	3–4 yrs. w/parent
57505-B	Sat.	9/11–10/16	9/3	5–6 yrs. w/parent
Week 1: S	occer skill	building	Week 4: Tee	ball games

Week 2: Soccer games Week 5: Basketball skill building Week 3: Tee ball skill building Week 6: Basketball games

\$45/in-city, \$55/non-city—Price includes T-shirt. **Cost:**

Twin Lakes Recreation Center **Location:**

Other: For program questions, call Karen Serfling at 349-3746.

Volunteer coaches needed: If interested in coaching, contact Kim Ecenbarger at 349-3739 or

ecenbark@bloomington.in.gov.

Coaches orientation session: Sept. 7 from 6-7 p.m. at

the Twin Lakes Recreation Center.

Turf Time for Toddlers

When your toddler or preschooler hits our turf, they will be ready to run and play! Our indoor soccer field provides you and your young child with ample space to run, play on our obstacle course, and practice ball throwing and kicking skills. This free-time play is parent supervised while we provide all the equipment for an hour of healthy physical play! This is a parent/guardian or caretaker supervised program. TLRC staff do not supervise this area during the program. Children cannot be dropped off without a parent/guardian or caretaker. For more information, contact Kirsten Prange at 349-3770.

Day(s) Date(s) Time Mon.,Wed. 9/13–12/22 9:30–10:30 a.m.

Cost: \$5/child/visit
Ages: 1–6 yrs. w/parent

Location: Twin Lakes Recreation Center

Tiny Dancers

Dance! Dance! Children clap and tap in this creative movement class that teaches rhythm, self-expression and coordination!

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67508-A
 Thur.
 9/16–10/21
 9:45–10:30 a.m.
 9/13

Cost: \$40/in-city, \$50/non-city (6, 45-minute classes)

Ages: 2–5 yrs. w/parent

Location: Twin Lakes Recreation Center

Instructor: Meera Popkin-Tarack

Other: Child must be the age stated by the first day of class.

Tumble Weeds

Leap and stretch, tumble and bend! Children in this class increase motor skills, balance and flexibility as they learn somersaults, walk the balance beam and more!

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67509-A
 Thur.
 9/16-10/21
 10:45-11:30 a.m.
 9/13

 67509-B
 Sat.
 10/2-11/13*
 11:30 a.m.-12:15 p.m.
 9/29

Cost: \$40/in-city, \$50/non-city (6, 45-minute classes)

Ages: 2–4 yrs. w/parent

Location: Twin Lakes Recreation Center

Other: Child must be the age stated by the first day of class.

*Class does not meet 10/30.

Soccer Sport Shorties

Sport Shorties athletes learn the basic skills of team soccer in a fun and safe recreational atmosphere. Parent volunteer coaches are welcome.

Code Day(s) Date(s) Time Register by 67505-A Tue. 10/19–11/16 10–11 a.m. 10/15

Cost: \$25/in-city, \$30/non-city (5, one-hour classes)

Price includes T-shirt. 3–5 yrs. w/parent

Location: Twin Lakes Recreation Center

Soccer—Turf Tigers

Ages:

Join Coach Chris for a terrific introduction to the world's most popular game! Classes feature age-appropriate activities and small-sided games to promote balance, coordination, creativity, and comfort with the ball. Shin guards required; either sneakers or cleats are appropriate. Pre-registration is required. **Register online at bloomingtonsoccer.net**

or at the Twin Lakes Recreation Center.

Session	Day(s)	Date(s)	Time	Register by
Fall	Mon.	10/4-11/8	5:15–6 p.m.	10/2
Fall II	Mon.	11/15-12/20	5:15–6 p.m.	11/13
Fall II	Fri.	11/5-12/17	5:15–6 p.m.	11/3

Cost: \$60 (6, 45-minute classes)

Ages: 4–5 yrs.

Location: Twin Lakes Recreation Center
Instructor: Chris Doran, U.S. Soccer "B" License

Youth

Living and Learning

Kid City Fall Break Days

Summer camp may have ended but the fun continues at Kid City Break Days. Come with us to explore Bloomington, play games, sing, and do all those fun camp things you already miss.

Code	Day(s)	Date(s)	Time	Register by
64501-A	Thur.	10/28	7:30 a.m6 p.m.	10/22
64501-B	Fri.	10/29	7:30 a.m6 p.m.	10/22
64501-C	Mon.	12/20	7:30 a.m6 p.m.	12/13
64501-D	Tue.	12/21	7:30 a.m6 p.m.	12/13
64501-E	Wed.	12/22	7:30 a.m6 p.m.	12/13
64501-F	Thur.	12/23	7:30 a.m6 p.m.	12/13
64501-G	Mon.	12/27	7:30 a.m6 p.m.	12/20
64501-H	Tue.	12/28	7:30 a.m6 p.m.	12/20
64501-I	Wed.	12/29	7:30 a.m6 p.m.	12/20
64501-J	Thur.	12/30	7:30 a.m6 p.m.	12/20

Cost: \$30/in-city, \$35/non-city

Ages: Grades K–6

Location: Allison-Jukebox Community Center



Kid City January Break Days

Kick off the new year with some great fun at Kid City Break Days. From arts and crafts to sports and games, Kid City Break Days bring back the summer fun when school's out! For specific program information, call 349-3731. **Registration begins December 3.**

Day(s)	Date(s)	Time	Register l
Mon.	1/17	7:30 a.m6 p.m.	1/10
Tue.	1/18	7:30 a.m6 p.m.	1/10

Cost: \$30/in-city, \$35/non-city

Ages: Grades K–6

Location: Allison-Jukebox Community Center



Music and Dance



Kids' Swing and Latin Dance Class

Learn partner dance skills, get some exercise, meet new friends, and have fun. The class includes both salsa and swing. Dancing is a skill that lasts a lifetime! No partner is needed.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67659-A
 Sat.
 9/18–11/6
 10–10:50 a.m.
 9/13

Cost: \$24/in-city, \$30/non-city (8 classes, 6 hours, 40 minutes)

Ages: 7–12 yrs

Location: Panache School of Ballroom and Social Dance,

325 E. Winslow Rd., Winslow Plaza

Instructor: Sandra Myers

Other: Co-sponsored by Panache School of Ballroom and Social Dance.



Healthy Living



ZumbAtomic[®]

Designed specifically for kids, ZumbAtomic[®] lets kids wiggle and bounce and provides them with exercise, games, and laughter.

Code	Day(s)	Date(s)	Time	Register by	Ages
65021-A	Wed.	9/15-10/20	5:30-6 p.m.	9/14	4–7 yrs.
65021-B	Wed.	10/27-12/8*	5:30-6 p.m.	10/26	4–7 yrs.
65021-C	Tue.	9/14-10/19	6:30–7:15 p.m.	9/13	8–12 yrs.
65021-D	Tue	10/26 - 11/30	6·30–7·15 n m	10/25	8-12 vrs

Cost: \$50 (6 classes)

Location: Twin Lakes Recreation Center

Instructor: Kim Storvik

Other: *Class does not meet 11/24.



Call Leslie Brinson at 349-3735 or Mark Sterner at 349-3768 with program questions. Contact Kim Ecenbarger at 349-3739 if interested in coaching or sponsorship. A variety of sponsorships ranging from individual to corporate are available.



Fall Season I

A league focused on the development of character and basketball skills. The league is for grades K–8. Divisions may be separated or combined and game nights may be changed based upon the number of registrations. Game nights will start on Tuesday and/or Thursday with practice nights on Monday or Wednesday. Teams will practice once a week and have at least one game a week with a single-elimination tournament to end the program. Teams are guaranteed five regular season games and one tournament game. Practices begin the week of September 6 and games begin September 14. Season runs September 6–October 15.

Code	Grade	Register by
65017-A	Grade K	8/27
65017-B	Grade 1	8/27
65017-C	Grade 2	8/27
65017-D	Girls Grades 3–5	8/27
65017-E	Boys Grades 3–4	8/27
65017-F	Boys Grades 5–6	8/27
65017-G	Girls Grades 6–8	8/27
65017-H	Boys Grades 7–8	8/27

Cost: \$65

Location: Twin Lakes Recreation Center

COACHES NEEDED! MANDATORY COACHES MEETING: Mon., Aug. 30 at 6 p.m. at Twin Lakes Recreation Center.

Required	Evaluation	Day
Grade	Date	Time
Grades K–2 (coed)	9/1	5:30 p.m.
Girls grades 3–5	9/1	6:15 p.m.
Boys grades 3–4	9/1	6:15 p.m.
Boys grades 5–6	9/1	6:45 p.m.
Girls grades 6–8	9/1	7:30 p.m.
Boys grades 7–8	9/1	7:30 p.m.

Season II—Developmental League

Parks and Recreation Developmental League is where everyone is a winner! This program focuses on building self-esteem, teamwork, and the basic fundamentals of basketball. Jump in and share a fun and positive experience with your child. Rules are modified to fit individual skill levels and enhance the ability for each player to learn and develop. All leagues are coed. Season includes weekly practices and games. The season concludes with an open house. Teams practice two nights a week for the first two weeks of the season; then one night a week for the remainder of the season. Practices begin the week of October 25. Games begin November 6 or November 10.

Code	Grade	Game Day(s)	Date(s)	Time
65020-A	Pre-K	Sat.	11/6-12/18	TBD
65020-B	K-1	Sat.	10/25-12/18	TBD
65020-C	2–3	Wed.	10/25-12/18	TBD

Cost: \$50 Pre-K, \$65 grades K-3
Register by: Grades K-3: 10/15, Pre-K: 10/29
Locations: Twin Lakes Recreation Center and the Banneker Community Center

COACHES NEEDED! MANDATORY COACHES MEETING: Wed., Oct. 13 at 6 p.m. or Thur., Oct. 14 at 6 p.m. at Twin Lakes Recreation Center.

	Required Evaluation	Day
Grade	Date	Time
2-3	10/18	7 p.m.

Season II—Skilled League

This program focuses on basketball fundamentals along with the application of learned skills during game participation. If your child has a general understanding of the game and can dribble, shoot and pass, this is the league for him/her. The league offers divisions ranging from grades Pre-K–8. All leagues are coed up through grade 3. Girls play in a Girls Only League beginning in grade 4. Season includes weekly practices and games one night a week and an occasional Saturday. The season concludes with an open house and a single-elimination tourney for each grade level. Teams practice two nights a week for the first two weeks of the season, then one night a week for the remainder of the season. Time and day are determined by the coach. Practices begin the week of October 25. Games begin the week of November 8.

Code	Grade	Game Day(s)	Date(s)	Description
65019-A	K	Wed.	10/25-12/18	Coed
65019-B	1	Mon.	10/25-12/18	Coed
65019-C	2	Tue.	10/25-12/18	Coed
65019-D	3	Wed.	10/25-12/18	Coed
65019-E	4–6	Tue.	10/25-12/18	Girls
65019-F	4–5	Tue.	10/25-12/18	Boys
65019-G	6	Mon.	10/25-12/18	Boys

Cost: \$75 Register by: 10/15

Location: Twin Lakes Recreation Center

COACHES NEEDED! MANDATORY COACHES MEETING: Wed., Oct. 13 at 6 p.m. or Thurs., Oct. 14 at 6 p.m. at Twin Lakes Recreation Center. Coaches Orientation: New coaches only, Oct. 6 at 6 p.m. at Twin Lakes Recreation Center.

	Required Evaluation Day						
Grade		Date	Time				
Grade K		10/18	6 p.m.				
Grade 1		10/18	6:30 p.m.				
Grade 2		10/18	7 p.m.				
Grade 3		10/19	6 p.m.				
Boys grade		10/19	6:45 p.m.				
Boys grade		10/19	7:30 p.m.				
Girls grade		10/20	6 p.m.				
Make-up so	ession	10/20	6:30 p.m.				
	1 1						

Teams are made by program staff after evaluations.

Middle School

This program focuses on fundamentals along with the application of learned skills during game participation. These two leagues are for players in grades 7–8. The season includes a weekly practice and a game one night a week with an occasional Saturday. The season concludes with a single-elimination tournament for both the boys and girls leagues. Practice days and times are determined by the coaches.

Code	Day(s)	Date(s)	Register by	y Description
65018-A	Thur.	10/25-12/4	10/15	Girls grades 7–8
65018-B	Thur.	11/8-12/18	11/3	Boys grades 7–8

Cost: \$65 **Ages:** 12–15 yrs.

Location: Twin Lakes Recreation Center

Required Evaluation Day							
Grade Date Time Games Begin							
Girls grades 7–8	10/20	5:30 p.m.	11/11				
Boys grades 7–8	11/3	5:30 p.m.	11/15				

Sports and Fitness



Ice Skating and Ice Skating Lessons

See pages 12–13.

Golf

See page 30.

Youth Tennis

Pick up a racquet and join us for fall tennis lessons. Instructors are accomplished players and trained through the USPTA curriculum. Typical student to teacher ratio is 5:1. For more information, call 349-3762.

Code	Day(s)	Date(s)	Time	Register by
67201-A	Tue., Thur.	8/31-9/23	5–6 p.m.	8/27
67201-B	Mon., Wed.	8/30-9/22	5–6 p.m.	8/27
67201-C	Tue., Thur.	8/31-9/23	6–7 p.m.	8/27

Cost: \$38/in-city, \$46/non-city (8, one-hour lessons)

Ages: 6–12 yrs.

Location: Winslow Sports Complex

Private Tennis Lessons

If group lessons are not your style or if you like more personalized attention, private lessons are available from our group instructors. Times are flexible. Call 349-3762 for more information.

Play Tennis throughout The City

Public play at Winslow Sports Complex, Bryan Park, Southeast Park, Park Ridge East, Sherwood Oaks, and RCA Park is permitted whenever courts are not being used by Bloomington Parks and Recreation. Available hours are posted at each site.



For ages 7–15 yrs. Cost: \$38/in-city, \$45/non-city (14, 45-minute classes)

Build self-confidence, develop self-discipline, and learn how to defend yourself. Classes are held at the Banneker Community Center and are taught by instructors from Monroe County Martial Arts.

Beginning Youth Tae Kwon Do

For the beginning student. White belts only. **Code Day(s) Date(s)**Time

Register by

67503-A

Tue., Thur. 9/7-10/21

6-6:45 p.m. 9/2

67503-B

Tue., Thur. 10/26-12/16*

6-6:45 p.m. 10/21

Intermediate Youth Tae Kwon Do

For the intermediate student. Yellow belt and above.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67504-A
 Tue., Thur. 9/7-10/21
 6:45-7:30 p.m.
 9/2

 67504-B
 Tue., Thur. 10/26-12/16*
 6:45-7:30 p.m.
 10/21

*Class does not meet 11/2 and 11/25.

Bloomington Blades All-Star Hockey

The Bloomington Blades All-Star Hockey program is designed for the more serious hockey player between the ages of 7–12 yrs. (before June 30). Teams will play a schedule consisting of 25 home and away games. The program is open to all Blades/House Hockey Program players. For more information, visit the youth hockey Web site at: http://bloomingtonblades.org.

Soccer—Little Kickers

A terrific introduction to the world's most popular game! Classes feature age-appropriate activities and small-sided games to promote balance, coordination, creativity and comfort with the ball. Register online at bloomingtonsoccer.net or at the Twin Lakes Recreation Center.

Session	Day(s)	Date(s)	Time	Register by
Fall	Mon.	10/4-11/8	6-6:45 p.m.	10/2
Fall II	Mon.	11/15-12/20	6-6:45 p.m.	11/13
Fall II	Fri.	11/5-17	6–6:45 p.m.	11/3

Cost: \$60 (6, 45-minute classes)—*Pre-registration is required.*

Ages: 6–7 yrs.

Location: Twin Lakes Recreation Center **Instructor:** Chris Doran, U.S. Soccer "B" License

Hockey Initiation—Session I

This program is designed to provide a safe and positive experience for beginning hockey players. The primary focus of instruction is on skating, puck handling, passing and shooting. *Equipment required:* A bicycle helmet, hockey stick, and a pair of any type of gloves.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 62511-A
 Sun.
 10/24–12/5
 1:45–2:45 p.m.
 10/24

Cost: \$40/in-city, \$45/non-city (6, one-hour classes)

Ages: 5–14 yrs.

Location: Frank Southern Ice Arena

House Hockey Program

An instructional league designed for the beginning through advanced hockey player. League runs October 28–February 26. We provide Web sites and equipment rental that gives you all the information and makes it affordable. **Don't know much about hockey?** Well, you didn't know much about soccer either. It's just basketball or soccer on skates with spacing, cutting, and passing.

Code	Ages	Description	Register b
62512-A	4–6 yrs. (DOB: 04/05)	Cubs	10/13
62512-B	7–8 yrs. (DOB: 02/03)	Mites	10/13
62512-C	9–10 yrs. (DOB: 00/01)	Squirts	10/13
62512-D	11–12 yrs. (DOB: 99/00)	Pee Wees	10/13

Cost: In-city: \$160 Cubs/\$215 all other Non-city: \$175 Cubs/\$230 all other

Register by: 10/13

Location: Frank Southern Ice Arena

Soccer—Shooting Stars

An introduction to the technical skills required to enjoy soccer and fundamental decision making within the game. The small-sided games promote a lot of touches on the ball and great opportunities to review how to be successful as a soccer player. **Register online at**

bloomingtonsoccer.net or at the Twin Lakes Recreation Center.SessionDay(s)Date(s)TimeRegister byFallWed.11/3–12/155–5:45 p.m.11/1

Cost: \$60 (6, 45-minute classes)—*Pre-registration is required.*

Ages: 8–10 vrs.

Location: Twin Lakes Recreation Center **Instructor:** Chris Doran, U.S. Soccer "B" License

Basketball Future Stars

Designed to teach the fundamentals of the game of basketball. Gain a foundation for your future star in the basic skills of dribbling, shooting, passing, and just plain fun!

Code Day(s) Date(s) Time Register by 65016-A Wed. 11/10–12/22* 6–6:45 p.m. 11/5

Cost: \$50 (6, 45-minute classes)

Price includes T-shirt.

Ages: 4–6 yrs.

Location: Twin Lakes Recreation Center Instructors: TLRC basketball staff
Other: *Class does not meet 11/24.



The following after-school programs are presented through a partnership between the City of Bloomington Parks and Recreation Department and Rhino's/Harmony School.

All programs are FREE and are held at Rhino's Youth Center, 331 S. Walnut St.—333-3430. Registration is not required. All programs are ongoing, so you can join at any time!

YOUTH VIDEO (PHINOPIASTY)

 \mathbf{V}

This program focuses on learning to use video and editing equipment, writing news commentaries and humor sketches for production, understanding TV production sequences and developing stage presence. Participants produce and broadcast a variety show aired on CATS TV every Friday at 10 p.m.

Code Day(s) Date(s) Time Ages 30000 Mon. ongoing 3:30-6 p.m. 13-18 yrs.

Instructor: David Walter

Youth Visual arts: mural project and screenprinting workshop



The Youth Visual Arts Project gives area youth an opportunity to create artwork for display around Bloomington. Using an openworkshop format, this program focuses on mural painting, drawing, 3-D design, and other forms of artistic expression. The screenprinting workshop offers hands-on learning of both fine art photo process screenprinting and textile printing. Participants must make a commitment to complete and provide a description of each project. Participants involved in this program may also enjoy the graphic design component of the Youth Journalism Project held Wednesday afternoons.

Code
30000Day(s)
Tue.Date(s)
ongoingTime
3:30-6 p.m.Ages
13-18 yrs.

Instructors: Danielle Urschel and Sparky Taylor

YOUTH JOURNALISM Project (The Antagonist)

Make your opinion known! *The Antagonist*, Bloomington's youth newspaper, is looking for writers, editors, and artists. *The Antagonist* is published monthly and includes music reviews, editorials, issue-based articles, poetry, and youth art.

Code Day(s) Date(s) Time Ages 30000 Wed. ongoing 3:30-6 p.m. 13-18 yrs.

Instructor: Sparky Taylor

YOUTH Padio



Youth Radio on WFHB 91.3 FM wants you ON AIR! Young broadcasters learn about the inner workings of a radio station, spin their musical selections, talk about youth activities, and discuss youth/community issues. Participants have the opportunity to learn editing skills, hone their radio personalities, and attend informative workshops. Bring two blank CDs. Youth Radio broadcasts on Saturdays from 5–10 p.m. Participants must attend Thursday meetings and demonstrate certain competency levels with the equipment to become broadcasting members of Youth Radio.

CodeDay(s)Date(s)TimeAges30000Thur.ongoing3:30-6 p.m.13-18 yrs.

Instructor: Eric Ayotte

These programs are made possible with support from WFHB Community Radio, CATS TV, United Way and the Monroe County Tobacco Prevention and Cessation Coalition.

Rhino's Open Workshop Week

Whether your passion is music, art, making movies, or writing, Rhino's Youth Center has the creative program for you. Program directors and current participants will be on hand to demonstrate the program components, answer questions, and allow you to experience what each Rhino's after school program has to offer. For more information, call Tim Pritchett at 349-3728.

Day(s): Monday–Thursday, September 13–16 • 3:30–6 p.m.

Cost: FREE—No pre-registration is necessary.

Ages: 13–18 yrs.

Location: Rhino's Youth Center, 331 S. Walnut St.

Travel

Halloween Hideout in Hoosier National

Explore scenic Youngs Creek Trail in the expansive Hoosier National Forest. Learn and practice backcountry camping, cooking, environmental ethics, and experience one of Indiana's finest natural treasures. Use of camping/cooking equipment including pack, sleeping bag/pad, tents, and headlamps is included in the program fee. No hiking experience is necessary; however, participants must be able to hike over uneven terrain at a reasonable pace while carrying approximately 35–40 lbs. in a pack. For more information, contact Tim Pritchett at 349-3728 or pritchet@bloomington.in.gov.

 Code
 Date(s)
 Time
 Register by

 64502-A
 10/28-10/30
 Thur., Noon-Sat., 2 p.m.
 10/18

Cost: \$100/in-city, \$105/non-city

Ages: 13–17 yrs.

Location: Departs from and returns to the Allison-Jukebox

Community Center

Instructors: Tim Pritchett and TBD

Teen Hiking Club

See page 29.

Healthy Living



ZumbAtomic®

See page 24.



Danielle Urschel demonstrates screenprinting to teens at Rhino's.



Reduce your stress-indulge in a hobby.

Sports and Fitness



Bloomington Blades High School Hockey

2007 Indiana High School 1A State Champions! A competitive hockey team consisting of local and area players. Call the Frank Southern Ice Arena at 349-3740 to check game days and times.

Dates: Mondays–Sundays, October 1–February 28

Ages: 14–18 yrs.

Soccer—Under 18 League

Indoor soccer at the Twin Lakes Recreation Center is a great way to spend time competing with friends and enjoying the beautiful game. All games feature five field players and one goalkeeper. There is an end-of-season tournament during the final session. Scheduling requests may be made at registration. Teams will not be scheduled unless the registration fee has been paid. Roster deadline is by the start of the first game. Register online at bloomingtonsoccer.net or at the Twin Lakes Recreation Center.

 Day(s)
 Date(s)
 Time
 Register by
 Cost

 Wed.
 11/3-1/12 (8 sessions)
 5:30-10 p.m.
 10/31
 \$650

Ages: Grades 9–12

Location: Twin Lakes Recreation Center

Soccer—Under 14 League

Indoor soccer at the Twin Lakes Recreation Center is a great way to spend time competing with friends and enjoying the beautiful game. All games feature five field players and one goalkeeper. There is an end-of-season tournament during the final session. Scheduling requests may be made at registration. Teams will not be scheduled unless the registration fee has been paid. Roster deadline is by the start of the first game. Register online at bloomingtonsoccer.net or at the Twin Lakes Recreation Center.

Day(s) Date(s) Time Register by Cost Fri. 11/5–1/14 (8 sessions) 6:45–9:45 p.m. 11/2 \$650

Ages: Grades 6–8

Location: Twin Lakes Recreation Center



House Hockey players face off during a game at the Frank Southern Ice Arena.

The Great Outdoors

For all Great Outdoors programs:

Price is per person. Children under age 12 yrs. must be accompanied by a registered adult. Activities may be both inside and outside, so please dress for the weather.

Volunteer to Maintain our Natural Spaces or Adopt-A-Trail!

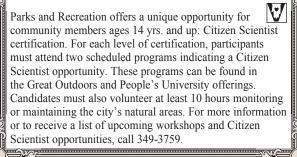
See page 45 or contact Special Services Coordinator Kim Ecenbarger at 349-3739 to find out how you can get involved.

Roving Naturalist

Add a "natural" touch to your upcoming event.

Call our Roving Naturalist to add exciting, hands-on activities that enhance interest in our natural world. Schedule programs, classroom visits or field trips about water quality, geology, bats, bobcats, trees, wildflowers, natural art and more! For more information, contact Elizabeth Tompkins at 349-3759 or tompkine@bloomington.in.gov. A \$20 fee is charged for most programs.

Citizen Scientist Certification



Take a Child Outside Week

September 24-30
Bats in the Park

Family Night Paddle

Let it Rot!

Fossil Explorers

After-School Nature Day

Leonard Springs Nature Park Up Close

See page 21.

Invasive Species Identified



Sometimes it can be difficult to determine what is native and what's not. Hike the trails at RCA Park and learn to identify invasive plant species. Each participant will receive a Midwest Invasive Plant Network (MIPN) invasive species guide to take home.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 64009-A
 Thur.
 9/9
 6:30-7:30 p.m.
 9/7

Cost: \$4/in-city, \$5/non-city
Ages: 13 yrs. and up
Location: RCA Park

Instructor: Sara Beatty

Caves Among Us—Leonard Springs Nature Park Tour



Explore the caves, springs, and wetland area at Leonard Springs Nature Park. A variety of plants and animals call the park home, including many that rely on karst features. Walk the rugged one-mile loop trail during this tour. Arrive 10 minutes prior to tour start time.

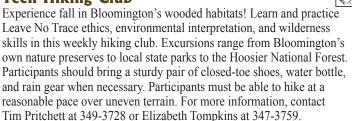
Code	Day(s)	Date(s)	Time	Register by
54004-C	Wed.	9/15	7–8:30 p.m.	9/14

Cost: FREE Ages: For all ages.

Location: Leonard Springs Nature Park—Meet in parking lot.

Instructor: Kriste Lindberg

Teen Hiking Club



Code	Day(s)	Date(s)	Time	Register by
64001-A	Wed.	9/15–10/20	3–6 p.m.	9/8

Cost: \$20/in-city, \$22/non-city (6 hikes)

Ages: 13–17 yrs.

Location: Departs from and returns to the Allison-Jukebox

Community Center

Instructors: Tim Pritchett and Elizabeth Tompkins

Nature Journaling

Did you know that famous naturalists such as Audubon, Muir, and Darwin explored nature through writing and sketching in nature journals? Combine your passions for art and the environment through journaling. Receive a blank journal and basic instruction on the principals and how best to get started in this lifelong hobby, and spend some time chronicling the wonders of Lower Cascades Park.

Code	Day(s)	Date(s)	Time	Register by
64012-A	Fri.	9/17	6:30-7:30 p.m.	9/10

Cost: \$5/in-city, \$6/non-city

Ages: For all ages.

Location: Lower Cascades Park—Waterfall Shelter

Instructor: Derek Greene



Instructor Laura Hohman shares the secret lives of native Indiana bats at "Bats in the Park."

Night Paddle

Enjoy an evening of peace and serenity at Griffy Lake during the light of the full moon. Meet at the boathouse and navigate the lake by canoe, taking in deep breaths of fresh air and watching the night sky light up the water. Watercraft, paddles, and personal flotation devices are provided. Children under age 14 yrs. must be accompanied by a registered adult. Bring a flashlight to help you find your way once you get back on dry land.

Code	Day(s)	Date(s)	Time	Register by
54001-E	Thur.	9/23	7:30-9 p.m.	9/21
64017-A	Fri.	10/22	7–8:30 p.m.	10/20

Cost: \$6/in-city, \$7/non-city

Ages: For all ages.

Location: Griffy Lake Nature Preserve—Meet at the boathouse.

Just Leaf It!

Learn to identify trees by examining their leaves, bark, and twigs and discover the reason behind their decorative fall colors. Collect and create imprints of your favorite leaves on a bandana to take home.

Code	Day(s)	Date(s)	Time	Register by
64010-A	Sat.	10/2	2–3 p.m.	9/29

Cost: \$4/in-city, \$5/non-city

Ages: For all ages.

Location: Griffy Lake Nature Preserve—Meet at boathouse.

Instructor: Sara Beatty

Galileo's Telescope

Unleash the power of simple optics as you construct your very own refracting telescope similar in design and performance to telescopes that pioneering astronomer Galileo used to explore the night sky. Don't forget to bring your new telescope to our "Astronomy with the Stars" program on October 15.

Code	Day(s)	Date(s)	Time	Register by
64008-A	Fri.	10/8	6:30-7:30 p.m.	9/29

Cost: \$15/in-city, \$17/non-city

Ages: 10 yrs. and up
Location: Twin Lakes Lodge
Instructor: Derek Greene

Astronomy with the Stars

Discover the beauty of the night sky using binoculars and telescopes. Learn to read sky charts, identify constellations, and hear their stories. Dress appropriately for the weather as this program is held outdoors.

Code

Day(s)

Date(s)

Time

Register by

 Code
 Day(s)
 Date(s)
 Time
 Register

 64003-A
 Fri.
 10/15
 8–9:30 p.m.
 10/11

Cost: \$5/in-city, \$6/non-city

Ages: For all ages.
Location: RCA Park
Instructor: Sara Beatty



Lower your cholesteroltry oatmeal for breakfast.

Reservoirs of Monroe County

Visit four past water reservoirs for the City of Bloomington—Twin Lakes, Leonard Springs, Griffy Lake, and Lake Monroe. The three aforementioned are now City parks, and Lake Monroe is our current water reservoir. Afterwards, peruse the collections of the Monroe County Historical Center to see how some of our reservoir history has been preserved. Dress appropriately for the weather—trip takes place rain or shine. Participants should bring a sack lunch. Educational materials, admission to the museum, and drinking water are provided.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 64015-A
 Sat.
 10/16
 9 a.m.-4 p.m.
 10/13

Cost: \$26/in-city, \$29/non-city

Ages: 8 yrs. and up

Location: Departs from and returns to the Twin Lakes Recreation

Center parking lot.

Instructor: Frank Buczolich, City of Bloomington Utilities Department

Canoe Scavenger Hunt

Ahoy, matey! Treasure has been scattered along the banks of Griffy Lake. Learn to use a compass and canoe to find clues leading to your share of the "gold"—but beware the pirates and creatures of the deep.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 64005-A
 Sat.
 10/16
 3-4:30 p.m.
 10/13

Cost: \$6/in-city, \$7/non-city

Ages: For all ages.

Location: Griffy Lake Nature Preserve—Meet at the boathouse.

Instructor: Elizabeth Tompkins

Physics Inside and Out

Why is the water cool at your feet and warm at your head when you swim in a lake? Learn the science behind this and other natural phenomena like whirlpools, dew drops, and more. Conduct fun experiments to learn how the science of nature connects to our daily lives.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 64014-A
 Wed.
 10/20
 6:30-8 p.m.
 10/13

Cost: \$3/in-city, \$4/non-city

Ages: 8 yrs. and up
Location: Twin Lakes Lodge
Instructor: Kriste Lindberg

Halloween Hideout in Hoosier National

See page 27.

Owl Encounter

Join Sarah DeLone of the Monroe County Humane Association for an up-close look at the owls of Indiana. Meet her friend Boris, the great horned owl, and listen to the owl's haunting cries as we attempt to call in some of the wild owls inhabiting Lower Cascades Park.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 64013-A
 Sat.
 11/6
 6-7 p.m.
 10/27

Cost: \$5/in-city, \$6/non-city

Ages: For all ages.

Location: Lower Cascades Park—Waterfall Shelter

Instructor: Derek Greene



Healthy Heart Tip!

Opt to carry your clubs instead of driving the golf cart.

Sports and Fitness





3550 N. Kinser Pk.,
Bloomington, IN • (812) 349-3764
Visit www.bloomington.in.gov/cascades
to reserve a tee time!

Discover Cascades!

Cascades Golf Course rests on 200 acres of beautiful rolling hills with native trees and natural topography. Cascades is named for the natural cascading waterfalls located throughout the golf course property. Several waterfalls can be heard, and with a brief walk off the perimeter of several holes, can be seen from the course.

Cascades offers amenities to meet the needs of any golfer. Leagues are offered for all ages, and the Clubhouse houses locker rooms, a concession stand and a banquet/conference facility. Individual or group lessons may be scheduled with our on-site golf pro by calling 349-3764.

The golf course consists of three different nine-hole courses which can be combined to create three separate 18-hole configurations.

Beginner's Golf Clinic

Learn one of America's great sports at our two-hour beginner's clinic! Our qualified instructors teach basics of the grip, swing, and stance that can be used throughout your golf career. We also cover putting, rules, and love of the game! Saturdays, 12:30–2:30 p.m.

 Code
 Date(s)
 Register by

 53501-C
 8/14 and 8/21
 8/9

 53501-D
 9/11 and 9/18
 9/6

Cost: \$20/in-city, \$25/non-city Ages: 18 yrs. and up

Junior Golf Clinic

Give your youngsters the background they need to enjoy the game of golf all their lives! Our two-hour clinics introduce the fundamentals, plus some of the rules and terms. Saturdays, 10 a.m.—Noon

 Code
 Date(s)
 Register by

 53503-C
 8/14 and 8/21
 8/9

 53503-D
 9/11 and 9/18
 9/6

Cost: \$20/in-city, \$25/non-city

Ages: 8–17 yrs.

Golf Outings

We provide a course that is fun, fair and fast to play. Our trained staff is available to assist in planning, organization and implementation to ensure a successful and enjoyable or

ensure a successful and enjoyable outing experience.

We have many different packages available. For best available dates, book early. Call 349-3764 and ask for Jason Calhoun or Todd Fleener.

2010 RATES

Season Passes

(in-city/non-city)

Junior \$190/\$220 Adult \$455/\$485 Senior \$395/\$420

Family \$655/\$775 Season passes are good for one year from date of purchase!

18 Holes Weekday \$20 **18 Holes Weekend** \$22

9 Holes (Mon.-Thurs.) \$13

League Play \$13

Twilight \$15
Student Rate* \$15

*Valid student ID required. (Mon.–Thur. only)

10-Play Pass \$153 **Family Day*** \$13

*Adult w/child. Children 15 yrs. and under golf free. (Sun. after 3 p.m.)

9-Hole Cart \$7 **18-Hole Cart** \$13

Range Balls \$5 20-Bucket

Range Balls \$80

Hours:

Dawn to dusk

Staff:

Jason CalhounGolf Facilities Manager

Todd Fleener

Program Coordinator

Accessibility:

Designated parking spaces in lot. Restrooms and main entrance all accessible.

Language

Advanced German

Cost: FREE
Day: Tuesdays
Time: 1:30–2:30 p.m.
Ages: 18 yrs. and up

Location: Twin Lakes Recreation Center

Arts & Crafts

Lap Quilting

Cost: FREE

Day: Tuesdays—Call to schedule an appointment.

Time: 9:30–11:30 a.m. **Ages:** 18 yrs. and up

Location: Twin Lakes Recreation Center, Program Room

Sponsor/Partner Programs

Legal Counseling

Counseling provided by Attorney Tom Bunger. Call 349-3727 for an appointment.

Cost: FREE

Day: First Monday of each month

Time: 3–4 p.m. **Ages:** 18 yrs. and up

Location: Twin Lakes Recreation Center, Common Room

Music & Dance



International Folk Dance

Cost: FREE
Day: Wednesdays
Time: 1:30–3 p.m.

Location: Twin Lakes Recreation Center, Fitness Room

Country Line Dancing—Beginning

Not only is line dancing fun, it can help you burn fat, increase energy, and feel great! Learn the boot scoot boogie, electric slide, and many other line dances each week. A great way to be active!

No previous experience necessary.

Code Day(s) Date(s) Time Register by 65004-A Wed. 9/15-10/20 7-8 p.m. 9/14 65004-B Wed. 10/27-12/8* 7-8 p.m. 10/26 12/15-1/19 7–8 p.m. 65004-C Wed. 12/14

Cost: \$40 (6, one-hour classes)

Ages: 18 yrs. and up

Location: Twin Lakes Recreation Center

Instructor: Sara Deckard

Other: *Class does not meet 11/24.

Cards & Games

FREE ongoing adult programs at the Twin Lakes Recreation Center.

Participation in all of these drop-in programs is free, and TLRC membership is not required.

Bingo

Days: Mondays at 1 p.m.

Wednesdays at 1:30 p.m.

Location: Program Room

Bunco

Day: Mondays
Time: 2–3 p.m.
Location: Common Room

Cards and Games

Day:Monday-FridayTime:8 a.m.-3 p.m.Location:Common Room

Drop-in Bridge

Day: Mondays and Wednesdays **Time:** 10:30 a.m.–Noon

Location: Common Room

Euchre

Day: Tuesdays, Wednesdays, and Fridays

Time: 10:30 a.m.–3 p.m. Location: Common Room

Bridge Club

Day: Wednesdays and second and fourth Tuesdays

Time: 10:30 a.m.–3 p.m.
Location: Program Room

Mahjong

Day: Mondays
Time: Noon-3 p.m.
Location: Common Room

Ping Pong

Day: Call to schedule

Time: TBD

Location: Group Exercise Room



Healthy Heart Tip!

Have a hearty laugh. Laughing is good for the heart.

Music & Dance



ZUMBA® Classes

Our goal is simple: We want you to want to work out, to love working out, to get hooked. ZUMBA® fanatics achieve long-term benefits while experiencing an absolute blast in one exciting hour of calorie-burning, body-energizing, awe-inspiring movements meant to engage and captivate for life! People of all ages are falling in love with its infectious music, easy-to-follow dance moves, and body-toning benefits.

Twin Lakes Recreation Center • For ages 18 yrs. and up.

ZUMBA® 45

Code	Day(s)	Date(s)	Time	Register by
65012-A	Mon., Wed.	9/8-10/4	5:15–6 p.m.	9/7
65012-B	Mon., Wed.	10/6-11/1	5:15–6 p.m.	10/5
65012-C	Mon., Wed.	11/3-12/1*	5:15–6 p.m.	11/2
65012-D	Mon., Wed.	12/6-12/29	5:15–6 p.m.	12/3

Cost: \$40 (8, 45-minute classes) **Instructor:** Ashlee Richardson

ZUMBA® 60

Code	Day(s)	Date(s)	Time	Register by
65013-A	Thur.	9/9-10/28	6:30-7:30 p.m.	9/8
65013-B	Thur.	11/4-1/6*	6:30-7:30 p.m.	11/3
65013-C	Sat.	9/4-10/23	10–11 a.m.	9/3
65013-D	Sat.	10/30-12/18*	10-11 a.m.	10/29
65013-H	Wed.	9/8-10/4	6–7 p.m.	9/7
65013-G	Wed.	10/6-11/1	6–7 p.m.	10/5
65013-F	Wed.	11/3-12/1*	6–7 p.m.	11/2
65013-E	Wed.	12/6-12/29	6–7 p.m.	12/5

Cost: \$45 (8, one-hour classes)
Instructors: Kelsie Ackman, Kim Storvik

*Class does not meet 11/24, 11/25, 11/27, and 12/23.

ZumbAtomic®

A new class for ages 4-12 yrs. See page 24.

Healthy Living



Silver Sneakers®

The Silver Sneakers® program is the nation's leading exercise program designed exclusively for older adults. See page 7 for more information.



Healthy Heart Tip!

Help establish an active lifestyle early in childrens' lives by encouraging them to pursue interests that keep them physically active.

Fitness Assessments

Assessments are common and appropriate practices in preventative and rehabilitative exercise programs. A fitness assessment provides baseline and follow-up data so you can evaluate your progress. For more information or to schedule an assessment, contact the Health and Wellness Coordinator at 349-3771. Twin Lakes Recreation Center membership is NOT required.

Fitness assessments include tests for:

- Resting heart rate and blood pressure: FREE
- Body composition:
- —Skinfold Analysis: \$25
- Electronic Analysis: \$5

Days: Mondays–Fridays
Time: By appointment only

Ages: For all ages.

Location: Twin Lakes Recreation Center

Massage Therapy

Choose from Swedish, Deep Tissue, or Sports massage types. Massage can help to alleviate lower back pain and improve range of motion, assist with shorter, easier labor for expectant mothers and shorten maternity hospital stays, enhance immunity, improve the condition of the skin, increase joint flexibility, lessen depression and anxiety, improve circulation, relax and soften injured, tired, and overused muscles, and relieve migraine pain. To schedule your appointment with our certified massage therapist, call 349-3720.

FLU SHOT

Cost: \$30/30 minutes, \$60/60 minutes

Days: Mon.–Fri. **Time:** 5:30 p.m.–9 p.m.

Location: Twin Lakes Recreation Center

Flu Shot Clinic

Flu shot clinic provided by Bloomington Hospital Community Health Services. No appointment necessary. Bloomington Hospital can bill Medicare, so those who are eligible need to bring their Medicare cards (no cash)! Bloomington Hospital accepts cash, check, and debit/credit cards from

those who aren't eligible for Medicare. For more information, call 353-3244.

Day(s) Date(s) Time Wed. 10/27 8–11 a.m.

Cost: TBD

Ages: 19 yrs. and up

Location: Twin Lakes Recreation Center

Well Check—blood sugar, lipid panel and blood pressure

Are you at risk? Well Checks help you evaluate your dietary and lifestyle habits, and take only a few minutes. No appointment is necessary, but you need to fast for 12 hours in order to participate in the blood sugar and lipid screenings. Well Checks are provided by Bloomington Hospital Community Health Services. Come back to the TLRC October 1 from 10–11 a.m. to meet with Bloomington Hospital staff and receive and interpret your screening results.

Day(s) Date(s) Time Wed. 9/29 8:30–10:30 a.m.

Cost: \$15 for Bloomington Hospital Plus Card members

\$20 for non-Plus Card members

Ages: For all ages.

Location: Twin Lakes Recreation Center

Other: Sign-ups for Bloomington Hospital Plus Cards are available

onsite. For more information call 353-3244.

Sports and Fitness



Personal Training

It all starts with a personal consultation where we get to know you—your lifestyle and your fitness goals. A 30-minute consultation with one of our personal trainers is a required part of each new personal training package. The consultation ensures that we provide you with the best services based on your goals and interests. This consultation also includes information about our fitness assessments. Your personal trainer designs a fitness and weight management program that's individualized for your age, body, lifestyle, and goals. A personal trainer works with you to monitor your progress and make adjustments to ensure that you reach your goals.

You must be a Twin Lakes Recreation Center member to sign up for personal training. All sessions must be used within six months of purchase. All training sessions are non-transferable and nonrefundable. To set up an initial consultation, or for more information about personal training, contact Lindsay Buuck at 349-3771 or buuckl@bloomington.in.gov.

SINGLE—One-on-one personal training sessions

3 one-hour sessions	\$125	15 one-hour sessions	\$490
5 one-hour sessions	\$200	20 one-hour sessions	\$600
10 one-hour sessions	\$375	25 one-hour sessions	\$725

BUDDY (2)—You and a friend

5 one-hour sessions \$300

GROUP (3–5)—Get a group of 3–5 people together to join in this interactive type of personal training

5 one-hour sessions \$475

Group Exercise Punch Pass at the Twin Lakes Recreation Center

If your schedule varies, you're curious about a class, or you like variety in your workout, this group exercise punch pass will let you take and try out the class of your choice! *For more information call 349-3720*.

Cost: 1 class—\$7, 6 classes—\$36, 12 classes—\$60

Ages: 18 yrs. and up

PUNCH PASS GUIDELINES:

- Punch passes are NOT valid for NIA Movement or Pilates.
- Passes are issued any time during the program guide season (four months.) Limit of one pass of each type per person per program guide season. At the end of the program guide season, your pass will expire.
- Punch Passes are kept at the front desk. Pass holders must check in at the front desk, and are issued a ticket to enter their choice of class.
- In order to run a safe class and to reduce the chance of injury, instructors may ask pass holders to try a different class if space is limited. Be sure to check with the TLRC for space availability (349-3720).
- · No credits, refunds, or transfers on punch passes.

FREE ongoing adult programs at the Twin Lakes Recreation Center.

Participation in these drop-in programs is free, and registration is not required.

Aerobic Exercise—Fitness Room

Tuesdays and Fridays • 2–2:45 p.m.

Senior Volleyball—Court

Monday-Friday • 9:30-11:30 a.m.

Steady Steppers—Fitness Room

Monday, Wednesday, and Friday • 8:30–9:30 a.m.

Pilates

Pilates routines focus on strengthening and developing the body's core postural muscles as well as the chest, upper back, shoulders, and glutes. These muscle groups help keep the body balanced, and are essential for the support they provide to the spine.

Code	Day(s)	Date(s)	Time	Register b
65009-A	Tue.	9/7-10/26	6:30-7:30 p.m.	9/6
65009-B	Tue.	11/2-12/21	6:30–7:30 p.m.	11/1
65009-C	Thur.	9/30-11/18	5:30–6:30 p.m.	9/29
65009-D	Thur.	12/2-1/20	5:30–6:30 p.m.	12/1

Cost: \$50 (8, one-hour classes)

Ages: 18 yrs. and up

Location: Twin Lakes Recreation Center

Instructors: Instructors from Lotus Pilates Studio

Boot Camp

Work hard, challenge yourself, achieve your fitness goals, and have fun with Boot Camp! Boot Camp is a high-energy, drill-based, interval program for all fitness levels.

Code	Day(s)	Date(s)	Time	Register by
65002-A	Tue., Thur.	9/14-10/21	6–7 a.m.	9/13
65002-B	Tue., Thur.	10/26-12/7*	6-7 a.m.	10/25
65002-C	Tue., Thur.	9/14-10/21	5:30-6:30 p.m.	9/13

Cost: \$75 (12, one-hour classes)
Ages: 18 yrs. and up

Boot Camp

Location: Twin Lakes Recreation Center

Instructor: Aaron Biggs

Other: *Class does not meet 11/25.

Circuit Circus

Organized chaos at its best! Work through different stations of challenging cardio, resistance training, and ab-blasting drills for an exciting total body workout!

Code	Day(s)	Date(s)	Time	Register by
65003-A	Tue., Thur.	9/14-10/21	7:30-8:30 p.m.	9/13
65003-B	Tue., Thur.	10/26-12/7*	7:30–8:30 p.m.	10/25

Cost: \$50 (12, one-hour classes)

Ages: 18 yrs. and up

Location: Twin Lakes Recreation Center **Other:** *Class does not meet 11/25.

Running 101

Start running this year! Learn the basics of running, from starting out with the right equipment to stride mechanics, stretching, core body and form drills, nutrition, and training. Find out about area running groups, events, and come prepared and dressed to run.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 65010-A
 Wed.
 9/15-10/20
 6:30-7:30 p.m.
 9/14

Cost: \$40 (6, one-hour classes)

Ages: 18 yrs. and up

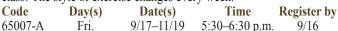
Location: Clear Creek Trail—Tapp Rd. Trailhead. Class meets at

the Twin Lakes Recreation Center during inclement weather.

Instructor: Sarah Ramusack

Mystery Fit

Finish off your week with this surprising instructor's choice class! The style of exercise changes every week.



Cost: \$50 (10, one-hour classes)

Ages: 18 yrs. and up

Location: Twin Lakes Recreation Center



Sports and Fitness



Ab-Solutely Fit

These classes focus on the abdominals and back to improve posture, decrease back pain, and increase stabilization. A quick, fun, and effective workout!

Day(s)	Date(s)	Time	Register by
Sun.	9/19-11/7	5-5:30 p.m.	9/17
Mon., Wed.	9/13-10/20	7–7:30 a.m.	9/10
Sun.	11/14-1/23*	5-5:30 p.m.	11/12
Mon., Wed.	10/25-12/6*	7–7:30 a.m.	10/22
	Mon., Wed. Sun.	Sun. 9/19–11/7 Mon., Wed. 9/13–10/20 Sun. 11/14–1/23*	Sun. 9/19–11/7 5–5:30 p.m. Mon., Wed. 9/13–10/20 7–7:30 a.m. Sun. 11/14–1/23* 5–5:30 p.m.

Cost: 65001-A and 65001-C: \$30 (8, 30-minute classes) 65001-B and 65001-D: \$45 (12, 30-minute classes)

Ages: 18 yrs. and up

Location: Twin Lakes Recreation Center

Instructor: Tyler Lanning

Other: *Class does not meet 11/24, 11/28, 12/26, and 1/2.

Strictly Strength

No cardio—just muscle! This class targets and tones every major muscle group using weights, stability balls, resistance bands, and more!

Code	Day(s)	Date(s)	Time	Register by
65011-A	Tue., Thur.	9/21-10/28	7–7:45 a.m.	9/20
65011-B	Tue., Thur.	11/2-12/14	7–7:45 a.m.	11/1

Cost: \$40 (12, 45-minute classes)

Ages: 18 yrs. and up

Location: Twin Lakes Recreation Center

Instructor: Sarah Ramusack

Other: *Class does not meet 11/25.

Kickboxing

This class will make you sweat! Try our non-contact cardio kickboxing and learn basic punching and kicking techniques and combinations for a total body workout!

Code	Day(s)	Date(s)	Time	Register by
65006-A	Mon., Wed.	9/22-11/1	8–9 p.m.	9/21
65006-B	Mon., Wed.	11/3-12/15*	8–9 p.m.	11/2
65006-C	Mon., Wed.	12/20-1/26	8–9 p.m.	12/17

Cost: \$45 (12, one-hour classes)

Ages: 18 yrs. and up

Location: Twin Lakes Recreation Center

Instructor: Megan Schwartz

Other: *Class does not meet 11/24.

NIA Movement Program

NIA (Neuromuscular Integrative Action) is a movement program that combines selected movements and concepts from dance and martial arts, gives cardio and whole-body conditioning, and is adaptable to any fitness level. NIA is done to music barefoot or in soft shoes.

Code	Day(s)	Date(s)	Time	Register by
65008-A	Mon.	9/27-11/1	7–8 p.m.	9/24
65008-B	Mon.	11/8-12/13	7-8 p.m.	11/5
65008-C	Mon.	12/20-1/24	7-8 p.m.	12/17
65008-D	Fri.	9/10-10/15	10–11 a.m.	9/9
65008-E	Fri	10/22-12/03	10-11 a m	10/21

Cost: \$40 (6, one-hour classes)

Ages: 18 yrs. and up

Location: Twin Lakes Recreation Center

Instructor: Kay Johnson



Fitshop

Achieve total fitness through cross training techniques! Tone and sculpt your body through the use of free weights and resistance bands while improving cardiovascular health through a variety of aerobic exercises.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 65005-A
 Tue.
 9/28–12/14
 5:30–6:30 p.m.
 9/27

Cost: \$45 (12, one-hour classes)

Ages: 18 yrs. and up

Location: Twin Lakes Recreation Center

Instructor: Amanda Dubinski

ADULT SOCCER at the Twin Lakes Recreation Center

Indoor soccer is a great way to spend time competing with friends and enjoying the beautiful game.

All games feature five field players and one goalkeeper. There is an end-of-season tournament during the final session.

Scheduling requests may be made at registration.
Teams will not be scheduled unless the registration fee has been paid. Roster deadline is by the start of the first game. Register online at bloomingtonsoccer.net or at the Twin Lakes Recreation Center.

Soccer—Adult Recreational League

Day(s)	Date(s)	Time	Register by	Cost
Mon.	9/27–10/25 (5 sessions)	7–10 p.m.	9/23	\$275
Tue.	11/2–1/11 (8 sessions)	6–10:30 p.m.	10/30	\$650
Thur.	11/4–1/6 (8 sessions)	6–10:30 p.m.	11/1	\$650

Ages: 18 yrs. and up

Soccer—University Premier League

This league is the most competitive.

Day(s)	Date(s)	Time	Register by	Cost
Sun.	10/31–12/12 (6 sessions)	5–11 p.m.	10/28	\$500

Ages: 17 yrs. and up

Soccer—Over 30 League

Day(s)	Date(s)	Time	Register by	Cost
Mon.	11/1–1/10 (8 sessions)	6:45-9:45 p.m.	10/29	\$650

Ages: 30 yrs. and up

Soccer Class for Women

This practical, on-the-field class for women features an introduction to the technique and lots of opportunities to play. This seven-week class begins January 16. Look for information in the Winter-Spring 2011 program guide.

PICK-UP GAMES

Twin Lakes Recreation Center
Balls are supplied • For ages 18 yrs. and up.
FREE for Twin Lakes Recreation Center members;
non-members pay the daily admission of \$6.

Pick-up Basketball

An informal opportunity to play full-court games on Court 1. **Days:** Tuesdays and Fridays, October 5–December 21

Time: 11:30 a.m.–1 p.m.

Pick-up Soccer

An informal opportunity to play on the indoor turf. **Days:** Thursdays, October 7–December 23

Time: 11:30 a.m.-1 p.m.

Volleyball

This is a 6 vs. 6 league. Each match consists of three games. Rosters may include an unlimited number of players, but all names must be submitted prior to the start of the league. Each team must have at least two women on the court during play. Matches are self-officiated. Each team is guaranteed a minimum of eight matches which may include a voluntary post-season tournament. Include the team captain's name and contact information upon registration. Specific game times will be announced after registration. Don't have a team? Register as an individual for a spot on our House team.

Code	Day(s)	Date(s)	Register by	Description
65015-A	Tue.	9/14-10/26	9/10	Fall
65015-B	Tue.	11/2-12/14	10/2	Winter
65015-C	Tue.	9/14-10/26	9/10	Fall-Individual
65015-D	Tue.	9/14-10/26	9/10	Winter-Individual

Team Fee: \$130—minimum of eight registrations Cost:

Individual Fee: \$20 (if registering as an individual)

Ages: 18 yrs. and up

Twin Lakes Recreation Center Location:

Adult Basketball—Competitive and Recreational

This league consists of a 10-game regular season plus a singleelimination tournament. The division of the league into multiple ability levels is determined based on the number of teams registered. Indicate league placement (recreational or competitive) when registering. House teams may be developed from individual registrations. T-shirts are awarded to the first and second place teams in the league. A \$50 cash refund is awarded to the tournament champion and issued to the team manager. Roster and registration fee is due by Friday 9/10. No late registrations will be accepted. Games begin 9/17 and the league concludes no later then 12/10. All games are held at or after 5:30 p.m. on Fridays.

Code	Day(s)	Register by	Description
65014-A	Fri.	9/10	Team Registration
65014-B	Fri.	9/10	Individual Registration

Team Fee: \$500 Cost:

Individual Fee: \$65 (if registering as an individual)

Ages: 18 yrs. and up

Twin Lakes Recreation Center

Sports and Fitness

Sports Hotline: 349-3610

for general information or weather-related cancellations

lazzercise

Jazzercise is the original dance fitness, total-body conditioning program that combines the art of

jazz dance and the beat of popular music. This class features a proven combination of aerobic exercise and strength training with weights and resistance tubes. In addition to feeling great, you'll see your cardiovascular endurance, strength, and flexibility increase. Registration is always open. Try a class for \$5. For more information call Kris Heeter at 876-2158. Class length is 60 minutes.

Tuesdays and Thursdays at 5:45 p.m., Saturdays at 9 a.m. Days: Cost: \$10/day, \$39/month (auto debit only), \$85/two months,

Discounts for IU and Ivy Tech students and seniors 65 yrs. and up. Passes may be used at another Bloomington Jazzercise location. Registration is always open, so you can join at any time! A one-time \$35 joining fee is

charged to new participants.

Ages: 18 yrs. and up

Location: Fairview United Methodist Church, 600 W. Sixth St.

Adult Tennis Lessons

Pick up a racquet and take fall tennis lessons. Instructors are accomplished players and trained through the USPTA curriculum. Typical student to teacher ratio is 5:1.

Code	Day(s)	Date(s)	Time	Register by
67001-A	Mon., Wed.	8/30-9/23	6–7 p.m.	8/27
67001-B	Mon., Wed.	8/30-9/23	7–8 p.m.	8/27

Cost: \$44/in-city, \$52/non-city (8, one-hour lessons)

Ages: 18 yrs. and up

Location: Winslow Sports Complex

Private Tennis Lessons

If group lessons are not your style or if you like more personalized attention, private lessons are available from our group instructors. Times are flexible. For more information, call 349-3762.

Play Tennis throughout the City

Public play at Winslow Sports Complex, Bryan Park, Southeast Park, Park Ridge East, Sherwood Oaks, and RCA Park is permitted whenever courts are not being used by Bloomington Parks and Recreation. Available hours are posted at each site.

Adult Hockey

Non-checking and fun, this is an open league for players of all skill levels. Full equipment is necessary for competition. Games take place Oct. 10–Feb. 13 and the season ends with a playoff tournament Feb. 14–20. An organizational meeting takes place at the Frank Southern Ice Arena on Wed., Sept. 29 at 5:30 p.m. This program accepts the first nine properly registered teams. Head coaches play for free—limit one head coach per team. Coaches are responsible for forming their teams. The Arena facilitates a player pickup list and goalie pickup list for those teams that need extra players. Pick up a team roster at the organizational meeting or the Frank Southern Ice Arena during regular business hours. Fifteen-player minimum per team.

Day(s) Time Register by Date(s) Sun., Tue., Thur. 10/10-2/20 TBD 10/4

\$170/in-city, \$185/non-city, \$95 goalie (limit two per team) Cost:

Ages: 18 yrs. and up

Location: Frank Southern Ice Arena



Healthy Heart Tip!

Adults should engage in moderate intensity physical activity at least 30 minutes most days of the week, if not daily.



of Bloomington

People's University makes learning fun!

Encouraging lifelong learning in a relaxed environment, People's University offers affordable courses in a variety of subject areas for adults 18 yrs. and up. We bring together businesses, teachers, and other community members with knowledge and skills to share with those who would like to learn.

Bloomington Parks and Recreation and the other members of the Bloomington Lifelong Learning Coalition are helping Bloomington become a "Learning City" that uses its resources to enrich its human potential.

Take time this season to learn something new—just for you!

Opportunities for Instructors

We can assist you in the planning of your course and enjoy facilitating the sharing of knowledge and skills through the auspices of People's University. For information on how to propose a class, use the contact information below.

Early Bird Special!

At People's University we don't ask whether the class is half empty or half full, we ask how many are on the wait list. Register early and assure yourself a place in the course of your choice. The first student enrolled in each course will receive a free People's University tote bag at the first class meeting. They're great for carrying class supplies!

Legal Notice

People's University instructors often teach subject matter that relates to businesses or professional services that the instructors offer independently from Parks and Recreation programming. The City of Bloomington cannot and does not endorse any outside business, professional service, or other affiliation of its instructors. Legal, health/medical, or other professional information presented in People's University courses is intended for general information purposes only and may not be applicable to particular persons or situations. Course participants should not rely on such information as a substitute for individual counseling or professional advice.

Refund and Substitution Policies

See page 3.

For more information call H. Michael Simmons at 349-3737 or e-mail PUB@bloomington.in.gov.



Visit us on Facebook at People's University of Bloomington.



Healthy Heart Tip!

Expand your mind. Learning something new will enhance your quality of life and give you a sense of overall well-being.

Writing, Language & Literature

Ex Libris

Bloomington Parks and Recreation and Barnes and Noble Booksellers invite the interested reader to **participate in an exciting novel discussion group and explore the best of new fiction.** Take part in a moderated discussion in the company of lovers of good books. Ex Libris meets for discussions on the fourth Wednesday of each month. All selections are paperbacks unless otherwise indicated. For more information, call H. Michael Simmons at 349-3737.

Code Date(s) Description

57600-C 8/25 Wolf Hall by Hilary Mantel 57600-D 9/22 The Children's Book by A. S. Byatt

Time: 6:30–7:30 p.m.

Cost: FREE

BARNES & NOBLE

Ages: 18 yrs. and up

Location: Barnes and Noble Booksellers, 2813 E. Third St.

Instructor: H. Michael Simmons

Other: Co-sponsored by Barnes and Noble Booksellers.

Beginning Spanish

The course builds practical basic oral communication skills in Spanish. It covers essential grammar and vocabulary and includes an overview of cultural and linguistic differences in the Spanish-speaking world. No previous knowledge of Spanish is necessary.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67602-A
 Thur.
 9/9–10/28
 6:30–8 p.m.
 9/7

Cost: \$44/in-city, \$54/non-city (8 classes, 12 hours)

Ages: 18 yrs. and up

Location: City Hall, Hooker Conference Room, #245

Instructor: Marines Fornerino

Dynamic Ancestry: A Writing and Storytelling Adventure

The main project in the class is to connect with and interview a relative with whom you have had little or no contact. During the six-week writing and storytelling class, we work together to identify, construct, conduct, and share in story or writing our experience with reconnection. If you've been seeking a deepening familiar understanding of yourself or support in approaching a familial reunion, this class will help.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67603-A
 Thur.
 9/16–10/21
 7–9 p.m.
 9/9

Cost: \$36/in-city, \$44/non-city (6 classes, 12 hours)

Ages: 18 yrs. and up

Location: Bloomington High School South, 1969 S. Walnut St., #A112

Instructor: Allison Distler

French at Lunch

The conversation table provides an opportunity for participants to practice their French with a native speaker while discussing current events. The topics will change each week. Enjoy lunch and meet new friends as you sharpen your conversational skills. Participants should have sufficient knowledge of French to be able to make conversation.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67604-A
 Tue.
 10/5-11/23
 Noon-1 p.m.
 9/29

Cost: \$26/in-city, \$32/non-city (8 classes, 8 hours)

Ages: 18 yrs. and up

Location: Rachael's Cafe, 300 E. Third St.

Instructor: Anne Muller

French for Beginners

Learn French from an experienced teacher and native speaker. No previous experience with French is required. The textbook is *French Is Fun Book 1: Lively Lessons for Beginners* [softbound 4th edition (2010)]. The price is \$17 plus shipping, and it is available from Amsco Publishing; visit bloomington.in.gov/peoplesuniversity for a link to purchase the book.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67605-A
 Tue.
 10/5-11/23
 2-3 p.m.
 9/29

Cost: \$40/in-city, \$49/non-city (8 classes, 8 hours)

Ages: 18 yrs. and up

Location: Allison-Jukebox Community Center

Instructor: Anne Muller

Home, Garden, and Beyond



Learn organic gardening from the experts and share your knowledge with the community in this organic outreach horticultural certification program, which covers soil science,

seed saving, and everything in between. Complete the course and volunteer hours in a number of community projects to be certified as a Grow Organic Educator or just take the course for your own enrichment. Get gardening with GOES! A number of optional Saturday workshops and field trips are scheduled.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 57621-A
 Wed.
 9/1–12/1*
 6–9 p.m.
 8/25, for s.

Cost: \$120/in-city, \$150/non-city (13 classes, 39 hours)
Textbook and comprehensive reference notebook

included in fee.

Ages: 18 yrs. and up

Location: Bloomington High School South, 1969 S. Walnut St., #A102

Instructor: A team of organic gardening experts

Other: *Class does not meet 11/24. Co-sponsored by the

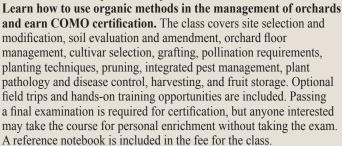
Center for Sustainable Living and Bloomingfoods.

Thanks to the generosity of a GOES graduate, scholarship

Thanks to the generosity of a GOES graduate, scholarship assistance is now available through the "Cassell Memorial Scholarship" fund. Scholarship applications must be submitted at least two weeks prior to the start of the program and are available at the Parks and Recreation office. Applicants must provide proof of income and a brief statement indicating why they are interested in completing the GOES series. For more

information, call 349-3710.

Certificate in the Organic Management of Orchards (COMO)



Code Day(s) Date(s) Time Register by 67610-A Thur. 9/9–10/28 6:30–8:30 p.m. 9/2

Cost: \$90/in-city, \$112/non-city (8 classes, 16 hours)

Ages: 18 yrs. and up

Location: Bloomington High School South, 1969 S. Walnut St., #A127

Instructors: A team of horticultural educators

Plant Identification for Beginners

Identifying plants in the field is fun! The class will introduce students to basic plant terminology, the secrets of scientific names, and the use of keys to identify wild flowering plants.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67611-A
 Sat.
 9/11
 9–11 a.m.
 9/7

Cost: \$6/in-city, \$7/non-city
Ages: 18 yrs. and up

Location: Meet at the Sample Gates—E. Kirkwood Avenue

and S. Indiana Avenue

Instructor: Bruce Behan

The Art of the Garden

From Paris and Versailles to the Amish of Indiana, the class takes participants on a slideshow tour of the beauty of edible plants in the landscape. Covering basic design principles and their application to individual home landscapes, the class teaches "painting with plants" in order to provide a pleasing landscape that is also a source of healthy food.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67612-A
 Thur.
 9/16–10/7
 6–8 p.m.
 9/9

Cost: \$33/in-city, \$41/non-city (4 classes, 8 hours)

Ages: 18 yrs. and up

Location: City Hall, Kelly Conference Room, #155 **Instructor:** Jami Scholl, certified permaculture designer

Other: Co-sponsored by Bloomingfoods.



Putting Your Garden to Bed

When fall approaches, it can be tempting to abandon your garden to the elements; however, **fall is a great time to work on soil fertility and get your garden ready for spring planting.** Learn how to put the garden to bed properly in the fall, so you'll be ready to grow in the spring.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67615-A
 Wed.
 9/22
 7–8:30 p.m.
 9/16

Cost: \$6/in-city, \$7/non-city
Ages: 18 yrs. and up

Location: Banneker Community Center

Instructor: Art Sherwood, Nature's Crossroads and

LIFE Certified Organic Farm

Co-sponsored by Bloomingfoods.



Sharpening Garden Tools

Sharp tools make garden work easier and lessen the chance of injury to the user and to plants. Learn to sharpen tools by hand, from spades to mower blades in this hands-on class taught by an expert. Bring a tool you'd like to sharpen to class.

Code
67616-ADay(s)
Thur.Date(s)
9/30Time
7-8 p.m.Register by
9/27

Cost: \$7/in-city, \$9/non-city

Ages: 18 yrs. and up

Location: Hinkle-Garton Farmstead Historic Site, 2920 E. 10th St.

Instructor: Phil Nasi

Other: Co-sponsored by Bloomingfoods.





Other:

Healthy Heart Tip!

The more colorful the vegetable, the more heart-protecting antioxidants contained within.

Home, Garden, and Beyond (continued)



Haunted by problems in your garden? Get some help from a friendly G.O.S.T. (Grow Organic Special Topic). Designed to help you improve your organic gardening skills in specific areas, these classes are open to everyone and require no previous gardening education or experience. Take one or take them all.

The haunt is over—get gardening with G.O.S.T.

Instructor: H. Michael Simmons, Advanced Master Gardener

Energy-Saving Bulbs (and Rhizomes and Tubers and Corms)

Learn how plants grown from rhizomes, tubers, corms, and bulbs save energy for themselves and for gardeners. Fall is a great time to plant, divide, or take up for winter storage the specialized underground storage organs from which many of the most popular flowers grow, including the tulip, dahlia, gladiolus, and iris. Participants will learn secrets for success with growing, propagating, and protecting these beautiful and versatile plants.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67613-A
 Sat.
 9/18
 2-4 p.m.
 9/13

Cost: \$10/in-city, \$12/non-city

Location: Hinkle-Garton Farmstead Historic Site, 2920 E. 10th St.

Garden Ecology: Water

Gardens are ecosystems which rely upon complex interactions in order to function properly. Water plays many roles in the garden, and understanding those roles is essential to successful gardening. The class introduces students to the functions of water in the garden and how to facilitate those functions. Topics covered include how plants use water, rainwater catchment, water quality control, irrigation techniques, water in the soil, drainage, erosion control, water conservation techniques, and the uses of water for disease, insect pest, and frost control.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67614-A
 Tue.
 9/21
 6:30-8:30 p.m.
 9/15

Cost: \$10/in-city, \$12/non-city

Location: City Hall, Hooker Conference Room, #245

Garden Field Day

In this hands-on class, learn gardening skills for next spring. Here's your chance to learn gardening techniques in the garden, including proper tool use, double digging, creating raised rows, making paths, taking a soil test, and preparing seed beds. Play in the dirt and learn gardening the way it was meant to be learned. Wear work clothes and closed-toe shoes and bring gloves, if you have them.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67617-A
 Sat.
 10/2*
 2-4 p.m.
 9/27

Cost: \$10/in-city, \$12/non-city

Location: Hinkle-Garton Farmstead Historic Site, 2920 E. 10th St.

Other: *Rain date is 10/9.

Garden Planning 101

Those seed catalogs will soon arrive. Learn how to plan a productive four-season garden before you order. Participants make 2011 garden maps with emphasis on crop rotation, companion planting, soil building, and cover cropping.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67624-A
 Thur.
 11/4
 6:30-8:30 p.m.
 10/28

Cost: \$6/in-city, \$7/non-city

Ages: 18 yrs. and up

Location: Banneker Community Center, Kitchen **Instructor:** Stephanie Solomon, Assistant Director,

Mother Hubbard's Cupboard

Other: Co-sponsored by Mother Hubbard's

Cupboard and Bloomingfoods. Free childcare

is available for children ages 8–12 yrs.

Gardener's Latin

Learn basic plant classification and nomenclature. The class decodes the Latin descriptors in the names of your favorite garden plants. No prior knowledge of Latin or plant taxonomy is required. Get ready to choose cultivars for next spring with confidence.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67625-A
 Thur.
 11/4
 6:30-8:30 p.m.
 10/28

Cost: \$8/in-city, \$10/non-city

Ages: 18 yrs. and up

Location: City Hall, Hooker Conference Room, #245

Instructor: Marcia Pluta-Figueiredo

Other: Co-sponsored by Bloomingfoods.

Heirloom Gardening and Seed Saving

Learn about heirloom gardening and seed-saving techniques. Enjoy a slide show of flowers, herbs, and vegetables grown in the Wylie House gardens. Watch a demonstration of seed-cleaning techniques and receive seed storage recommendations.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67626-A
 Thur.
 11/4
 6-7:30 p.m.
 10/28

Cost: \$6/in-city, \$7/non-city
Ages: 18 yrs. and up

Location: Wylie House Education Center, 317 E. Second St.

Instructor: Sherry Wise

Other: Co-sponsored by Bloomingfoods

and Wylie House.

Wylie House Museum



Healthy Heart Tip!

Snacks are a great way to refuel. Choose from different food groups.

Neighborhood Greening classes

Bloomingfoods

Landscaping with Flowering Shrubs

Flowering shrubs enhance the home landscape and provide interest through all four seasons. Since long-lasting shrubs serve as major structural elements in any landscape design, they deserve proper care from planting through pruning. The class provides students with the information they need to help their shrubs thrive in beauty and health. Learn when and where to plant appropriate shrubs and how and when to prune them. Large color photographs of 62 flowering shrubs will help students with selection of appropriate shrubs.

Code Day(s) Date(s) **Time** Register by 67619-A 10/5 6:30-8 p.m. Tue. 9/29

Cost: \$6/in-city, \$7/non-city 18 yrs. and up Ages:

Location: The Project School, 349 S. Walnut St.

Instructor: Allan Paton, flowering shrub nursery owner and City of

Bloomington Community Farmers' Market vendor **____**

Other: Co-sponsored by Bloomingfoods.

Neighborhood Greening Toolkit

Participants receive the tools they need to create and implement neighborhood greening projects, including such skills as asset mapping, community organizing, leadership development, meeting facilitation and group decision making, coalition building, and strategic planning. Resources for and models of neighborhood greening projects provided.

Code Day(s) Date(s) Time Register by 9/29 67620-A Tue. 10/5-10/26 6:30-8 p.m.

\$15/in-city, \$17/non-city (4 classes, 6 hours) Cost:

18 yrs. and up Ages:

McDoel Baptist Church, 1008 S. Rogers St. **Location: Instructor:** H. Michael Simmons and Kriste Lindberg Other:

Co-sponsored by McDoel Gardens Neighborhood Association, Bloomingfoods, the Center for Sustainable Living, and the Bloomington Environmental Commission

Introduction to Permaculture

Permaculture is a system of ecological design that analyzes and replicates natural patterns in order to create sustainable human habitats. It has many applications in gardening and landscape design. Participants learn about the promise of permaculture for designing sustainable futures and how to implement permaculture design features at home.

Register by Code Day(s) Date(s) **Time** 67621-A Sat. 10/9 1-4 p.m. 10/4

Cost: \$15/in-city, \$18/non-city

18 yrs. and up Ages:

Hinkle-Garton Farmstead Historic Site, 2920 E. 10th St. **Location:**

Instructor: Rhonda Baird

Co-sponsored by Bloomingfoods. Other:

Edible Landscape Design

Imagine fresh vegetables, juicy berries, and luscious tree fruits growing harmoniously in an aesthetically pleasing landscape around your home. The workshop will help you transform your home landscape into a beautiful oasis of abundant food-producing plants.

Register by Code Day(s) Date(s) Time 67622-A Thur. 10/21 6:30-8:30 p.m. 10/14

Cost: \$10/in-city, \$12/non-city

Ages: 18 yrs. and up

Location: Bloomington High School South, 1969 S. Walnut St., #A102

Instructor: Rhonda Baird

Other: Co-sponsored by Bloomingfoods.

Polyculture Paradise: An Introduction to Forest Gardens

Whether you currently live in a forest or just enjoy learning about new ways to garden, this class provides the information you need to construct one of the most productive landscapes ever known, a forest garden. The class covers the structure of a forest and how to replicate that structure in your landscape, including discussions of light, water, buildings, and harvesting.

Code Day(s) Date(s) Time Register by 67623-A 10/20 Mon. 10/25 6:30-8 p.m.

\$7/in-city, \$8/non-city Cost: 18 yrs. and up Ages:

Location: Banneker Community Center

Instructor: Rhonda Baird

Other: Co-sponsored by Bloomingfoods. Free childcare

is available for children ages 8–12 yrs.





See your doctor regularly for routine physicals.

Cooking, Food, and Drink

Moonlight Supper on Clear Creek Bridge



Crickets and drowsy birds chirping; a natural setting and naturally good food are waiting where Clear Creek murmurs softly under the Harris Ford Bridge. As locally sourced as possible, the menu includes soup (vegetable Provençal with white beans, leeks, carrots, and potatoes in a rich vegetable stock garnished with white truffle olive oil), a choice of entrée (either vegetable strata with Mediterranean tomato and olive sauce or grilled chicken breast stuffed with Fontina, basil, and prosciutto with lemon pepper butter sauce) served with roasted Brussels sprouts with shallots, applewood smoked bacon and 25-year-old balsamic vinegar and couscous with currants, red pepper, and sweet onion (accompanied by fresh bread and butter) and dessert (fresh blueberry and lemon cream tart). A food demonstration, a meal served at table, music, and romance for one low price!

Day(s) Date(s) Time Register by Sat. 9/11* 6:30–8:30 p.m. 9/7

Cost: \$46

67630-A: vegetable strata (vegetarian entrée)

67630-B: grilled chicken breast (non-vegetarian entrée)

Ages: 18 yrs. and up

Location: Clear Creek, Church Lane Trailhead **Instructor:** Chef Tad DeLay, Limestone Grille

Other: *Rain date is 9/18. Registration indicates availability

for both the scheduled and rain dates.

The Cookie

A pre-holiday cookie baking event, **the class covers several traditional holiday cookies** as well as techniques to help participants make the most of their cookie baking efforts.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67634-A
 Thur.
 10/28
 7-8:30 p.m.
 10/21

Cost: \$16/in-city, \$19/non-city—Additional materials fee of \$5

payable to instructor in class.

Ages: 18 yrs. and up

Location: Hinkle-Garton Farmstead Historic Site, 2920 E. 10th St.

Instructor: Lynn Schwartzberg, Instructor for Kitchen Art

(West Lafayette)

Other: Co-sponsored by Bloomingfoods.

Brasil Bahiana: Moqueca

Help prepare and eat a traditional Brazilian seafood stew from Bahia. The spicy fish and coconut milk stew includes white fish, onion, garlic, tomatoes, lime, pepper, *dendê* (palm oil), cilantro, coconut milk, and *annatto* seeds. A *maracujá* (passionfruit) beverage and a simple dessert (*brigadeiros*) are included. Students receive meal preparation instructions and recipes.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67635-A
 Thur.
 10/28
 6:30-8:30 p.m.
 10/21

Cost: \$10/in-city, \$12/non-city— Additional materials fee of \$10

payable to instructor in class.

Ages: 18 yrs. and up

Location: Food Works for Middle Way House Kitchen,

318 S. Washington St.

Instructors: Marcia Pluta-Figueiredo and Sylvia Figueiredo

Other: Co-sponsored by Bloomingfoods.





Healthy Heart Tip!

Meals cooked at home are less expensive than restaurant meals, and have more nutritional benefits.

Cooking Skills

with Lisa Ross and Nikki Wolf

For ages 18 yrs. and up.

Banneker Community Center Kitchen

Free childcare available for children ages 8-12 yrs.

Co-sponsored by: Bloomingfoods MARKETODELI TOOL MARKET TENT

9/9

One-Dish Dining

Thur.

67631-A

Learn how to make the most of your kitchen appliances and minimize kitchen clean-up. Learn recipes and helpful hints for cooking one dish meals. Participants make a rice cooker chicken curry, an Italian-inspired vegetable soup, and a crockpot cobbler to eat in class. Code Day(s) Date(s) Time Register by

Cost: \$15/in-city, \$19/non-city— Additional materials fee of

6-8:30 p.m.

9/16

\$15 payable to instructor in class.

Dinner Made Easy: An Introduction to Freezer Meals

If you're tired of hearing "What's for dinner?", here's an easy answer. In one night, learn how to make quickly prepared meals and keep them in the freezer to heat and eat. Participants prepare a variety of meals for freezing, including Shanghai Stir-Fry, Italian Baked Pork Chops, Chicken Enchilada Casserole, Bacon-Wrapped Cream Cheese Chicken, and Cornbread Casserole. Learn the basics of freezer meal preparation and storage, as well as how to cut your grocery bills by shopping smarter.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67632-A
 Thur.
 9/30
 6–9 p.m.
 9/23

Cost: \$18/in-city, \$21/non-city

Additional materials fee of \$40 payable to instructor in class (covers materials for 4 entrées and one side dish, 4–6 servings each—enough for at least 16 meals).

Mix It Up!

Learn how to save money and time by creating your own dry ingredient mixes. You'll never have to buy packaged mixes again. Participants will take home mixes for pancakes, brownies, pizza crusts, sesame cheese dip, and tortilla soup. Sample the finished products in class.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67633-A
 Thur.
 10/21
 6-9 p.m.
 10/14

Cost: \$18/in-city, \$21/non-city

Additional materials fee of \$15 payable to instructor

in class.



The Dinner Made Easy class is hands-on and features useful cooking tips.

Health & Wellness





Bring a mat, a yoga block, and a belt or strap if you have one. If not, call 349-3737 for more information on these class supplies.

For ages 18 yrs. and up.

Allison-Jukebox Community Center

Instructor: Aaron Fleming, certified lyengar yoga teacher

Yoga: Level 1

Taught in the Iyengar tradition, which is known for its emphasis on safety and alignment, **this beginner's class is suitable for those new to yoga.** This class emphasizes standing poses, the foundation of the Iyengar method, and introduces preparations working up to shoulderstand.

Code	Day(s)	Date(s)	Time	Register by
67640-A	Tue.	9/14-10/19	6–7 p.m.	9/8
67640-B	Sat.	9/11-10/30*	11:15 a.m12:15 p.m	. 9/7
67640-C	Tue.	11/2-12/14*	6–7 p.m.	10/27
67640-D	Sat.	11/6-12/18*	11:15 a.m.–12:15 p.m	. 11/1

Cost: \$45/in-city, \$55/non-city (6 classes, 6 hours) **Other:** *Class does not meet 9/25, 10/9, 11/23, and 11/27.

Yoga: Level 1-2

Taught in the Iyengar method, which is known for its emphasis on safety and alignment, this class is **suitable for beginners who are more athletic or those with previous yoga experience but new to the Iyengar method.** Standing poses, shoulderstand and plough pose are used.

Code	Day(s)	Date(s)	Time	Register by
67641-A	Sat.	9/11-10/30*	9:30-11 a.m.	9/7
67641-B	Thur.	9/16-10/28*	6–7:30 p.m.	9/9
67641-C	Thur.	11/4-12/16*	6–7:30 p.m.	10/28
67641-D	Sat.	11/6-12/18*	9:30–11 a.m.	11/1

Cost: \$48/in-city, \$59/non-city (6 classes, 9 hours)

Other: *Class does not meet 9/25, 10/7, 10/9, 11/25, and 11/27.

Yoga: Level 2

Taught in the Iyengar method, which is known for its emphasis on safety and alignment, this class requires completion of Yoga 1–2 or permission from the instructor. **This class advances the student's understanding and practice.**

Code	Day(s)	Date(s)	Time	Register by
67642-A	Tue.	9/14-10/19	7:15-8:45 p.m.	9/8
67642-B	Tue.	11/2-12/14*	7:15–8:45 p.m.	10/27

Cost: \$48/in-city, \$59/non-city (6 classes, 9 hours)

Other: *Class does not meet 11/23.

Yoga: Level 2-3

Taught in the Iyengar method, which is known for its emphasis on safety and alignment, this class requires completion of Yoga: Level 2 or permission from the instructor. This class advances the student's understanding and practice.

Code	Day(s)	Date(s)	Time	Register by
67643-A	Thur.	9/16-10/28*	7:45-9:15 p.m.	9/9
67643-B	Thur.	11/4-12/16*	7:45–9:15 p.m.	10/28

Cost: \$48/in-city, \$59/non-city (6 classes, 9 hours)
Other: *Class does not meet 10/7 and 11/25.

Bhakti Yoga

Learn to handle and relieve stress through yoga, meditation, music, and other fun activities. The class provides personal development through practical engagement and philosophical study. Bring a yoga mat or blanket.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67644-A
 Wed.
 9/15–10/20
 6:30–7:30 p.m.
 9/9

Cost: \$45/in-city, \$55/non-city (6 classes, 9 hours)

Ages: 18 yrs. and up

Location: Allison-Jukebox Community Center

Instructor: Jennifer Russ

Middle Eastern Dance

See page 42.

Latin Street Dance

See page 43.

Bollywood Dancefit

Dance your way to fitness with an upbeat aerobics class based on the music and dance of popular Bollywood films. "Jai Ho!"

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67657-A
 Sat.
 9/18–11/6
 9–9:50 a.m.
 9/13

Cost: \$35/in-city, \$44/non-city (8 classes, 6 hours, 40 minutes)

Ages: 18 yrs. and up

Location: Panache School of Ballroom and Social Dance,

325 E. Winslow Rd., Winslow Plaza

Instructor: Darrelyn Valdez, Dance Fitness Instructor

Other: Co-sponsored by Panache School

of Ballroom and Social Dance.



Hip-Hop Dancefit

The class provides a fast-paced aerobic workout featuring popular hip-hop dance steps and music. Get fit while having fun!

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67658-A
 Sat.
 9/18–11/6
 Noon–12:50 p.m.
 9/13

Cost: \$35/in-city, \$44/non-city (8 classes, 6 hours, 40 minutes)

Ages: 18 yrs. and up

Location: Panache School of Ballroom and Social Dance,

325 E. Winslow Rd., Winslow Plaza

Instructor: Amanda Dubinski, Dance Fitness Instructor

Other: Co-sponsored by Panache School of Ballroom and Social Dance.



Kundalini Yoga: Living through Your Heart

Activate your heart center so that you can work, play, communicate, and respond to life with compassion. Quiet your mind and dissolve self-imposed limitations. **Kundalini yoga as taught by Yogi Bhajan uses movement, breath, mantra, and meditation to strengthen and stretch both your body and your mind.** All levels are welcome, and the class is suitable for beginners. Bring a yoga mat and/or blanket.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67645-A
 Mon.
 9/20-10/25
 6:30-8 p.m.
 9/15

 67645-B
 Mon.
 11/1-12/6
 6:30-8 p.m.
 10/27

Cost: \$45/in-city, \$54/non-city (6 classes, 9 hours)

Ages: 18 yrs. and up

Location: Allison-Jukebox Community Center

Instructor: Kim Kanney, KRI Certified Kundalini Yoga Instructor;

National Yoga Alliance Approved

Health & Wellness (continued)



Burning the Box

"Burning the Box" has many sources, Julia Cameron's *The Artist's Way* being one of them. **The course encourages creative expression via a synaesthesic interaction of expressive disciplines, primarily (but not limited to) acting, writing, and drawing.** Students explore these interactions in playful ways that include yoga, movement, breathing exercises, visualizations, and dreamwork. If you feel blocked creatively, this is the class for you.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67646-A
 Mon.
 9/27-10/25
 6:30-8:30 p.m.
 9/22

Cost: \$31/in-city, \$38/non-city (5 classes, 10 hours)

Ages: 18 yrs. and up

Location: City Hall, Kelly Conference Room, #155

Instructor: Andy Alphonse

You Can Meditate: A Survey of Successful Meditation Styles

Explore four styles of meditation: guided imagery, mindfulness, mantra meditation, and writing meditation. Experience the mental and physical health benefits of meditation you can do while finding the style that suits you best.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67647-A
 Wed.
 10/27
 6-7 p.m.
 10/21

Cost: \$7/in-city, \$9/non-city

Ages: 18 yrs. and up

Location: City Hall, Kelly Conference Room, #155

Instructor: Juliana Joie Capshew

Music & Dance

Zimbabwean Dance for Beginners

Learn powerful and community-affirming dances from Zimbabwe. Master the steps of two traditional dances with the opportunity to learn singing and percussion as well.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67650-A
 Mon.
 9/13-10/18
 7-8 p.m.
 9/8

Cost: \$38/in-city, \$47/non-city (6 classes, 6 hours)

Optional leg rattles may be ordered through

instructor for \$45.

Ages: 18 yrs. and up

Location: Allison-Jukebox Community Center

Instructor: Abby Byers

Practical Music Theory

The class provides **an overview of basic music theory concepts.**The course enriches the student's understanding of and appreciation for music and provides practical methods for applying the knowledge to writing, performing, and improvising.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67651-A
 Tue.
 9/14–10/5
 8–9 p.m.
 9/8

Cost: \$22/in-city, \$28/non-city (4 classes, 4 hours)

Ages: 18 yrs. and up

Location: City Hall, Kelly Conference Room, #155 **Instructor:** Aaron Chandler, Chandler's Music Education

Fundamentals of Middle Eastern Dance

Participants learn the basics of Middle Eastern dance, also known as *raks sharki* or belly dance. Find the spirit of dance through this exciting and empowering art form—exercise for the body, expression for the soul. Participants need to purchase finger cymbals. Details are given during the first class. Session II is a continuation of Session I; however, beginning students may join Session II.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67652-A
 Wed.
 9/15-10/13
 6:30-7:30 p.m.
 9/9

 67652-B
 Wed.
 10/20-11/17
 6:30-7:30 p.m.
 10/14

Cost: \$54/in-city, \$64/non-city (5 classes, 5 hours)

Ages: 18 yrs. and up

Location: Allison-Jukebox Community Center **Instructor:** Lois Silverman, Mazikeen Arts

Intermediate Middle Eastern Dance

Participants refine and expand their mastery of Middle Eastern dance, while experimenting with solo dancing, creative play, zillwork, and group improvisation. "Fundamentals of Middle Eastern Dance" is a prerequisite for this class. Bring finger cymbals, if you have

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67653-A
 Wed.
 9/15-10/13
 7:45-8:45 p.m.
 9/9

 67653-B
 Wed.
 10/20-11/17
 7:45-8:45 p.m.
 10/14

Cost: \$54/in-city, \$64/non-city (5 classes, 5 hours)

Ages: 18 yrs. and up

Location: Allison-Jukebox Community Center **Instructor:** Lois Silverman, Mazikeen Arts

them—information on purchase at first class.

Beginning Guitar

The class offers beginners with little or no experience an opportunity to learn basic chords, popular songs, and blues improvisation. The class also covers simple music theory concepts and how to apply them to guitar playing. Bring an acoustic guitar or an electric guitar with amp and cord.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67656-A
 Thur.
 9/16-11/4
 8:15-9:15 p.m.
 9/13

Cost: \$30/in-city, \$37/non-city (8 classes, 8 hours)

Ages: 18 yrs. and up

Location: Project School, 349 S. Walnut St.

Instructor: Aaron Chandler, Chandler's Music Education

Ballroom Dancing

Allison-Jukebox Community Center
For ages 18 yrs. and up • Instructor: Margot Scholz
Cost: \$54/in-city, \$67/non-city (6 classes, 6 hours)

Students master the steps and stylings in easy modules and learn which dances work with which music.

Ballroom dancing is both an important social skill and also an enjoyable low-impact aerobic exercise. Have a convivial Friday evening while learning new skills and staying healthy!

Ballroom Dancing: Beginning

Six weeks of professional ballroom instruction in swing, cha cha, rumba, waltz, foxtrot, and blues.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67654-A
 Fri.
 9/17-10/22
 6:30-7:30 p.m.
 9/13

 67654-B
 Fri.
 10/29-12/10*
 6:30-7:30 p.m.
 10/25

Ballroom Dancing: Intermediate

Six weeks of professional intermediate ballroom instruction in standard and Latin dances.

Code	Day(s)	Date(s)	Time	Register by
67655-A	Fri.	9/17-10/22	7:30-8:30 p.m.	9/13
67655-B	Fri.	10/29-12/10*	7:30–8:30 p.m.	10/25

*Class does not meet 11/26.

Hip-Hop Dancefit

See page 41.

Latin Street Dance



Put some fire in your life by learning Latin street dances, including salsa, merengue, and bachata, from experienced instructors in a relaxed class. A healthy low-impact aerobic sport, Latin street dancing is also a very useful social skill. Have fun and get fit at the same time!

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67664-A
 Sat.
 9/18–11/6
 2–2:50 p.m.
 9/13

Cost: \$45/in-city, \$55/non-city (8 classes, 6 hours, 40 minutes)

Ages: 18 yrs. and up

Location: Panache School of Ballroom and Social Dance,

325 E. Winslow Rd., Winslow Plaza

Instructors: Sandra and Scott Myers

Other: Co-sponsored by Panache School

of Ballroom and Social Dance.



Nightclub Partner Dancing



Learn three of the most useful dances danced to nightclub music: Nightclub Two-Step, East Coast Swing, and Foxy. Partner not required in order to take the class.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67660-A
 Sat.
 9/18–11/6
 3–3:50 p.m.
 9/13

Cost: \$45/in-city, \$55/non-city (8 classes, 6 hours, 40 minutes)

Ages: 18 yrs. and up

Location: Panache School of Ballroom and Social Dance,

325 E. Winslow Rd., Winslow Plaza

Instructors: Sandra and Scott Myers

Other: Co-sponsored by Panache School

of Ballroom and Social Dance.



Bollywood Dancefit

See page 41.

Slide Guitar Workshop

Learn basic slide techniques, including playing in tune; licks, tricks, and scales; chords; and how to choose a slide in this workshop taught by a visiting instructor from Nashville, Tennessee. Students will explore open tunings as well as the use of slide in standard tuning. Prerequisites for the class are ability to play scales and single note melodies, basic knowledge of chords and scales, experience playing with other musicians, and some experience playing lead guitar. Bring an acoustic guitar or electric guitar and amplifier.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67661-A
 Sat.
 9/25
 1–2:30 p.m.
 9/20

Cost: \$26/in-city, \$32/non-city

Ages: 18 yrs. and up

Location: Players Pub. 424 S. Walnut St.

Instructor: Mark Robinson, The Mark Robinson Band

Beginning the Ukulele

Learn the basics of playing a stringed instrument with the ukulele.

The class includes how to tune, playing with singing, playing duets, and playing with a group. Participants learn at least four popular songs and melodies with accompanying chords and notes. The class provides an affordable way to start playing a stringed instrument. Bring a ukulele; a clip-on tuner is recommended.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67663-A
 Mon.
 10/4–10/25
 8–9 p.m.
 9/29

Cost: \$15/in-city, \$19/non-city (4 classes, 4 hours)

Ages: 18 yrs. and up

Location: The first three class meetings are in City Hall, Hooker

Conference Room, #245. The final meeting is in City Hall,

Dunlap Conference Room, #235

Instructor: Brian Courtney

Arts & Crafts

The Art of the Garden

See page 37.

Soldering Made Simple

Learn many skills from basic soldering to the intricate art of wire wrapping to create unique jewelry and art pieces. The class provides tips and techniques to make every soldering experience a success. Please bring a 25-watt soldering iron and cast iron soldering stand (available locally).

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67670-A
 Tue.
 9/21-10/19
 6-7:30 p.m.
 9/15

Cost: \$15/in-city, \$18/non-city (5 classes, 7½ hours)

Additional \$25 materials fee for kit payable to instructor in class. Kit includes solder, copper tape, collage images, project board, memory glass, and assorted crystals. All

other materials provided.

Ages: 18 yrs. and up

Location: Banneker Community Center, Kitchen

Instructor: Lara Hasler

Other: Free childcare available for children ages 8–12 yrs.

Jewelry with a Flair

The class is designed to work with many materials, including clay, wood, fabric, wire, and beads. The instructor will provide step-by-step instructions and helpful tips. **Projects include charms, wire wrapping, mesh jewelry, donut-shaped beads, holiday jewelry, and memory wire.** The class will inspire your imagination and fuel your creative drive.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67671-A
 Tue.
 10/12–11/2
 6–8 p.m.
 10/6

Cost: \$43/in-city, \$54/non-city (4 classes, 8 hours)

Additional \$25 materials fee payable to instructor in class.

Ages: 18 yrs. and up

Location: Allison-Jukebox Community Center

Instructor: Jeanne Iler

Silk Painting

Silk painting has captivated artists for centuries. Discover the ease and beauty of this elegant fiber arts medium. Learn how to work with Gutta (resist), silk paints, and set dyes, as well as how to add electrifying touches to scarves, paintings, greeting cards, and more.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67673-A
 Tue.
 11/2-11/30
 6-7:30 p.m.
 10/27

Cost: \$20/in-city, \$23/non-city (5 classes, 7½ hours)

Additional materials fee of \$25 for kit payable to instructor in class. Kit includes silk, silk paints, resist,

and brushes. All other materials provided.

Ages: 18 yrs. and up

Location: Banneker Community Center, Kitchen

Instructor: Lara Hasler

Other: Free childcare available for children ages 8–12 yrs.

Lectures & Workshops

Introduction to Folklore

The class explores folklife, those events and expressions in our lives that have withstood the test of time, such as stories, customs, and beliefs. Participants discuss folklife, its power and manifestations, by drawing on their own experiences. Bring a single subject notebook.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67681-A
 Tue.
 9/14–10/12
 7–8:30 p.m.
 9/8

Cost: \$11/in-city, \$14/non-city (5 classes, 7½ hours)

Ages: 18 yrs. and up

Location: Bloomington High School South, 1969 S. Walnut St., #A127

Instructor: Jan Rosenberg, Ph.D.

Pirate Lives

Pirates comprise a major part of American history, serving as components of the first American naval forces in the battles for independence. The class examines the brutal realities of pirate lives and the social and economic conditions which have led to pirate activities from the sixteenth century to today. Using clips from classic Hollywood portrayals of pirates to inspire discussion, the class will consider concepts such as the "democratic brotherhood of pirates," "social bandits," and the role of early "urban rebellions" in creating pirate lives. Participants are invited to wear pirate apparel to each class.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67682-A
 Tue.
 9/14–10/19
 6:30–8 p.m.
 9/9

Cost: \$34/in-city, \$42/non-city (6 classes, 9 hours)

Ages: 18 yrs. and up

Location: Bloomington High School South, 1969 S. Walnut St., #C102

Instructor: Carlos Bakota, Ph.D.

Why a Zombie?

Since the 1960s, zombies have become a part of American popular culture as symbols of the ills of society. Zombie films have been used as tools by social critics to explore the dangers of industrial agriculture, nuclear disaster, urban sprawl, consumerism, and racism. There have also been comedic uses of the zombie in films. In addition to exploring the historical realities of zombies in the Caribbean, the class examines a number of zombie films, from George Romero's classic *Night of the Living Dead* to Woody Harrelson's *Zombieland*.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 67683-A
 Thur.
 9/16–10/21
 6:30–8 p.m.
 9/9

Cost: \$34/in-city, \$42/non-city (6 classes, 9 hours)

Ages: 18 yrs. and up

Location: Bloomington High School South, 1969 S. Walnut St., #C102

Instructor: Carlos Bakota, Ph.D.

How to Teach for People's University

If you have skills or knowledge you'd like to share with other community members, here's a free class to help you become a People's University instructor. The class covers class planning, budgeting, facilities, proposal writing, and contracts. Participants receive the People's University Instructor Manual, assistance with curriculum development, and tips on working with adult learners.

 Code
 Day(s)
 Date(s)
 Time
 Register by

 57681-A
 Thur.
 8/26
 6:30–8:30 p.m.
 8/19

 67680-A
 Thur.
 12/2
 6:30–8:30 p.m.
 11/29

Cost: FREE

Ages: 18 yrs. and up

Location: City Hall, Hooker Conference Room, #245

Instructor: H. Michael Simmons

Bloomington Community Park and Recreation Foundation

The Bloomington Community Park and Recreation Foundation is a non-profit organization formed in 1967 to assist in keeping the community beautiful, culturally satisfying and dynamic by enhancing park and green space, cultural amenities, sports and fitness opportunities, activities for senior citizens, wholesome programs for youth, public parkways, trees and flowers.



YOU can give kids the chance to play!

The Foundation's Olcott Endowment Fund provides scholarships for Parks and Recreation Department programs to children from low-income families. With Park and Recreation Foundation scholarships, children can learn the skills of basketball and teamwork in Bloomington Youth Basketball, experience fun and friendship at Kid City summer camps, or learn the lifelong skill of swimming with lessons at Bryan Park Pool. Since the scholarship program was first started in 1997, the need for scholarships has increased more than 6,000%.

Bloomington Tree Fund

Landscaping services and street tree maintenance are provided by the Bloomington Parks and Recreation Department's urban forestry program. Trees and other landscaping amenities throughout the city's parks and public property are made possible with contributions raised through the Bloomington Tree Fund.

The Bloomington Tree Fund was established to assist in the support of the Parks and Recreation Department's urban forestry program. The Tree Fund supports annual Arbor Day celebrations, volunteer tree plantings on public property, and urban forestry education.

Gifts of land

With an eye to the future, Bloomington residents have contributed land to the Park and Recreation Foundation, for the benefit of the entire community. Recent gifts include nearly nine acres of heavily wooded land known as Muller Park, located adjacent to the Twin Lakes Sports Park, and more than 31 acres of land next to Jackson Creek, known as the "Goat Farm," that will be used as a thoroughfare for the Jackson Creek Trail, and as passive greenspace for the people of Bloomington.

How to give

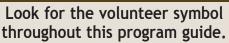
To make your tax-deductible gift to the Bloomington Community Park and Recreation Foundation and support the parks and programs that contribute so greatly to the quality of life in our community, look for the gift envelope inside this edition of the Parks and Recreation program guide.

Questions about the Bloomington Community Park and Recreation Foundation, or how to give? Contact the Foundation's Executive Director, Karin St. John, at stjohnk@bloomington.in.gov or via phone at (812) 349-3700.

Foundation Board of Directors

Gayle Stuebe, President Valerie Peña, Vice President Roberta Kelzer, Secretary Travis Vencel, Treasurer

Volunteer Opportunities





For a complete listing of upcoming volunteer opportunities visit www.bloomington.in.gov/parks/vol.

If you would like to volunteer with Parks and Recreation, receive a Volunteer Opportunities brochure, or be added to our Volunteer Opportunities e-mail list, contact Kim Ecenbarger at 349-3739 or ecenbark@bloomington.in.gov.

Summer 2010 BRAVO Award Recipients

May: Adam Sater for his contributions as a youth coach in association with the Bloomington Youth Basketball

program.

August: Robin Schapker for her dedication and role-modeling as

a youth coach in association with the Girls' Fastpitch

Softball program.

September: Gretchen Scott for her leadership and dedication to the

Bloomington in Bloom community initiative.

Adopt-A-Trail

One year commitment

More than 30 trail miles in Bloomington's city parks need periodic inspections and maintenance to remain safe and usable. Parks and Recreation staff provide training and equipment to volunteer groups of any size for monthly trail monitoring and annual trail maintenance.

Duties: Inspect adopted trail at least once a month. Complete and submit reports on trail status. Provide maintenance as needed. Do at least one work day per year. Staff work with your group or organization to formulate a work plan. **Program time:** Trail inspections can be completed at your leisure. Schedule

your trail work day with the Adopt-a-Trail coordinator.

Location: Various trails

Age of volunteers: 12 yrs. and up **Number of volunteers:** Groups of all sizes.

Citizen Scientist Certification

One year to complete certification

Parks and Recreation offers a unique opportunity for community members: *Citizen Scientist certification.* To receive the novice certificate, participants must complete at least one environmental education or scientific monitoring workshop, or attend two scheduled programs indicating a Citizen Scientist opportunity. Candidates must also volunteer at least 10 hours monitoring and maintaining the City's natural areas. Advanced levels are available.

Duties: Volunteers work on various service learning projects, including but not limited to stream monitoring, trail maintenance, invasive species removal, frog monitoring, and storm drain marking.

Program time: Various **Location:** Various

Age of volunteers: 14 yrs. and up

Bryan Park Creek Maintenance Days

Wednesdays, September 1, October 6

Parks and Recreation has earned Community Wildlife Habitat certification from the National Wildlife Federation. The Bryan Park Creek naturalized area played a key role in certification and requires periodic maintenance to control invasive species and ensure native plant success.

Duties: Volunteers assist with monthly upkeep of this natural area! Help maintain the native plants along beautiful Bryan Park Creek.

Program time: 5:30-7 p.m.

Location: Bryan Park, 1100 S. Woodlawn Ave.—Woodlawn Shelter

Age of volunteers: 12 yrs. and up (children under 12 yrs. must be accompanied

by an adult.)

Number of volunteers: 5-30

Leonard Springs Nature Day Program

Tuesday, September 21 (Rain date: September 23) Tuesday, September 28 (Rain date: September 30) Tuesday, October 12 (Rain date: October 14)

Tuesday, October 12 (Rain date: October 14) Wednesday, October 20 (Rain date: October 22) Tuesday, October 26 (Rain date: October 27)

Volunteer to teach area sixth grade students about our awesome natural heritage through multiple stations including karst, creeks, wetlands, forests, and soils.

Duties: If you have an interest in the outdoors and enjoy working with children, sign up for our Leonard Springs Nature Day programs. We ask that you try and sign up for the primary and rain dates that fit with your schedule.

Training: New volunteers have the option of attending an orientation prior to their scheduled date. Otherwise, volunteers will be trained the morning of their shift.

Program time: 9 a.m.-2 p.m.

Location: Leonard Springs Nature Park, 4685 S. Leonard Springs Rd.

Age of volunteers: 18 yrs. and up **Number of volunteers:** 18 per day

Trick or Treat Trail Saturday, October 23

Children journey the Trick or Treat Trail with Dora in search of her lost fairy tail friends! They'll come across princesses, little pigs, and a pirate too. They may even give out a treat or two!

Duties: Volunteers step into the magical world of fairy tale land and bring a character to life. We'll provide the storyline and costumes, and volunteers provide the enthusiasm and creativity.

Training: Character volunteers must attend one of the following training sessions prior to volunteering. The trainings take place at RCA Park (event location).

Program time: Noon-4:30 p.m.

Location: RCA Park, 1400 W. RCA Park Dr.

Age of volunteers: 16 yrs. and up **Number of volunteers:** 20

C

Putting the Gardens to Bed

Crestmont Garden—Saturday, October 30 Willie Streeter Garden—Sunday, October 31

Gardeners and others with green thumbs are invited to clear the plots and put the gardens to bed for the winter months.

Duties: Volunteers harvest remaining produce left in the garden and prepare it for donation to the Hoosier Hills Food Bank; remove hardware items from the garden, including tomato cages and stakes, and organize them for convenient storage; and pull remaining plants from the plots and place them in the compost bins for fertilization in the spring.

Program time: 1–4 p.m. both days **Age of volunteers:** 12 yrs. and up

Number of volunteers: 10–15 Crestmont Garden/30–50 Willie Streeter Garden

The Holiday Market

Saturday, November 27

Do you enjoy the festive community atmosphere of the Farmers' Market? Searching for the perfect holiday gift? Love those TubaSantas? You won't want to miss the eighth annual Holiday Market. The Holiday Market features some of your favorite, locally grown farm products, arts and crafts by area artisans and those unforgettable TubaSantas.

Duties: We're looking for volunteer elves to decorate, serve refreshments and assist with teardown.

Program time: Shift #1, 9:30 a.m.-12:30 p.m./Shift #2, Noon-4 p.m.

Location: Showers Plaza, 401 N. Morton St.

Age of volunteers: 16 yrs. and up **Number of volunteers:** 4–5 per shift

Other: Come dressed according to the weather. Don't forget your hats

and gloves!



Special thanks to our Parks Partners! So many of our programs and events are made possible through the involvement and sponsorship of local businesses and organizations. We'd like to thank the following sponsors for their involvement this past program season.



Congratulations to:





Elder Care Connections, Inc. and Internal Medicine Associates were the recipients of last season's Parks Partner Award.

The City of Bloomington Parks and Recreation Department thanks our Parks Partners for supporting the Senior Expo and helping us offer quality programs and events.

Elder Care Connections, Inc. was started 15 years ago as a geriatric care management company to advocate for seniors and their families. It has a dual thrust—to provide information, guidance and support to families and to oversee and coordinate provider services, including caregiving services, so that seniors can remain safely at home.

IMA was incorporated in 1974 by its three founding physicians. Today, 36 years later, IMA is comprised of 50 physicians specializing in a cross-section of specializations. Most importantly, IMA is still firmly entrenched in its roots of primary care via a strong base of family medicine and internal medicine physicians as well as nine nurse practitioners.

Parks Contributors

Associates of Integrative Health Aver's Pizza Bikesmiths Bicycle Shop Bloomington Realty **Bloomington Transit** Bloom Magazine CFC, Inc. Garden Villa Home Instead Senior Care Meadowood Health Pavilion Monroe County Prosecuting Attorney, Chris Gaal Relish Residence at McCormick's Creek Richland Bean Blossom Health Pavilion St. John, May and Woolford The Dog House World Wide Automotive

Parks Supporters

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Decatur Vein Clinic
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Hoosier Tire and Retreading
Indiana Home Health Care
IU Continuing Studies
Olympus Properties
Scholars Inn Bakehouse, Inc.
Unique Home Solutions
Wandering Turtle
Williams Bros. Pharmacy

Parks Patrons

Blue Bird Crazy Horse Downtown Bloomington Inc. Indiana Running Company Scotty's The Travel Authority Wal-Mart

Parks Donors

Dillon Consulting, LLC Underground Printing

The City of Bloomington
Parks and Recreation and
Bloomington Hospital have
partnered and combined
resources to positively impact
the health and wellness of
the entire community.



Take a look at some of our Fall-Winter 2010 Sponsorship Opportunities:

B-Line Backer

Market: General community

Salsa Contest at the Farmers' Market

Market: General community

Bloomington Youth Basketball

Market: Youth and Families

Candy Cane Hunt
Market: Youth and Families

For a complete list of sponsorship opportunities along with marketing benefits, visit www.bloomington.in.gov/parks and click on the "About Parks and Recreation" link, and then the Sponsorship Opportunities" link.

Contact Special Services Coordinator Kim Ecenbarger at 349-3739 or ecenbark@ bloomington.in.gov to align your business with Bloomington Parks and Recreation Department programs or events.

Parks Partners

Avenues Realty Group Bloomingfoods Bloomington Hospital Clariti, Inc. Curry Automotive Elder Care Connections, Inc. Internal Medicine Associates Karen Kingsbury, Author Lisa Baker, DDS Osmon Chiropractic Center Papa John's, Capital Pizza Inc. Smith's Shoe Center Smithville Telephone Stephens Honda-Hyundai *The Herald-Times* The May Agency Twisted Limb Paper Works





Sponsorship Benefits

Recognition Your business name will appear in our seasonal program guide, mailed to area households, and may also appear in other promotional materials such as posters, flyers, ads, our Web site or on-site signage.

Community Support Your sponsorship dollars directly support programs and services for Bloomington-area residents. We partner with many other local agencies to bring participants the best possible entertainment, educational and recreational programs.

Would you like to make this list?

This brochure reaches approximately 30,000 households in the Bloomington area, and your business name can be added to this list. Our friendly sponsorship coordinator is happy to send you a list of sponsorship opportunities currently available. All you have to do is ask!

Give Kim Ecenbarger a call at 349-3739, or e-mail ecenbark@bloomington.in.gov.

A list of current and upcoming sponsorship opportunities is available on our Web site at **www.bloomington.in.gov/parks.**Your sponsorship means our programs can be offered at a quality level and affordable price to participants.





Landscaping crews keep City garden beds looking beautiful.

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	349-3499

How To Register: Choose one of five ways

REGISTER ONLINE Register in person by coming to the

Online registration available 24–7! Visit us on the Web: www.bloomington.in.gov/parks

Secured for credit card payment.

Register in person by coming to the City of Bloomington Parks and Recreation office located in City Hall at

located in City Hall at
401 N. Morton St., Ste. 250,
Monday–Friday,
8 a.m. until 5 p.m.



registration form and send it to
Bloomington Parks
and Recreation
401 N. Morton St., Ste. 250
Bloomington, IN 47404
Registrations must be received
before the deadline.



FAX IN DROP OFF

Fax a completed registration form to (812) 349-3705.

Be sure to include your Visa or Mastercard number and expiration date. Available 24 hours a day!

A convenient drop box is located outside City Hall, at the "401" address doors. Drop off your registration after hours or whenever it's convenient for you. Make sure you drop off before the registration date.

AM I A CITY OF BLOOMINGTON RESIDENT? A resident is any person who resides within the City's corporate limits. Do you pay Bloomington property taxes? Do you have a City of Bloomington trash pickup service? If you can answer "yes" to both of these questions, then you are a "City of Bloomington Resident." If you are in an apartment and unsure if the property is "in-city" we can verify by checking your address. Even if your mailing address is "Bloomington," it does not necessarily mean you are a City resident. Please call the City of Bloomington Parks and Recreation office at 349-3700 if you have residency questions.

FEES AND CHARGES City of Bloomington Parks and Recreation is a City of Bloomington department under the administration of the Mayor of Bloomington. City of Bloomington residents, through property taxes, make a significant contribution to the operation of the park system. Non-resident fees are charged so non-resident participants can fairly contribute to overall financing of the park system. Fees are listed separately for City of Bloomington residents and non-city residents. Residency verification may be requested.

WAIVER OF LIABILITY The City of Bloomington is not responsible for any injuries sustained as a result of participation in any department sponsored activity, or while using departmental facilities. It is recommended that *anyone* enrolled in a program or using facilities make provisions for adequate coverage within *their* own insurance plan.

LATE REGISTRATION Any registrations received after the deadline date may be subject to a late registration fee.

REFUND POLICY No refunds are provided after the first day of a program. All refunds are subject to a \$2 fee. If the \$2 charge does not cover costs incurred by the department, the refund may be pro-rated in addition to the \$2 charge. *There are no refunds on season passes*. Full refunds are given on all programs cancelled by City of Bloomington Parks and Recreation.

WATTING LISTS If your desired class is filled, you will be notified and placed on a waiting list.

REGISTRATION PROCEDURES Complete the registration form, online or hard copy, making sure all information is current and correct. Parent/guardian information is vital in the event of an emergency. Include all pertinent information, including the program code listed beside the program information. Read and sign the waiver statement located in the lower left area of the registration form. Pay by check, money order, Visa or Mastercard. Make checks payable to Bloomington Parks and Recreation. If paying by credit card, please include the card number, expiration date and signature in the spaces provided. Full payment is required at the time of registration. Forms will be processed in the order received. Register early! All forms must be received by the registration deadline. City of Bloomington Parks and Recreation is not responsible for lost or late mail. Registration receipts will be mailed to you. This is not a guarantee of enrollment, but an acknowledgement of your registration. We will contact you by phone or mail if there is a problem with your registration.

PROGRAM REGISTRATION FORM							
Name				Home Ph	one		
Street Address					one		
				WOIKFIR	JIIE		
City State	e	Zip		Emergen	cy Contact		
City of Bloomington Resident? Yes (If you are unsure of your residency status, pleas		-3700)		E-mail Ad	ddress		
How did you hear of this program?	Program (Guide Newspap	er Flyer Frien	d E-mail	Web site Previ	ous Participant C	Other
Participant Name	M/F	Birthdate	Shirt Size	Prog	gram Name	Class Code	Fee
Inclusive Service Request:						Duntary Donation	\$1
Reasonable accommodations are needed to participat disability. (circle one) YES NO	e in above p	orogram(s) related to	specific needs associa	ated with a	☐ Youth Scholarship Fund \$3 Bloomington Tree Fund \$5		\$3 \$5
If YES, please complete an Inclusion Assessment and the two weeks notification for reasonable accommodations re	e Inclusive R quests. <i>In sc</i>	ecreation Coordinator ome cases reasonable	will contact you. We receaccommodations may	quest at least take longer.		ton Park and n Foundation	Other \$
The undersigned is the adult Program Participant, or is	the parent	or legal guardian of t	the Program Participar	nt. The		nclosed	\$
undersigned hereby states that she understands the a Participant is physically and mentally able to participate	e in this prog	gram. The undersign	ed recognizes, as with	any activity,	Method of Paym		-
there is risk of injury. In the event that the Program Pa City of Bloomington Parks and Recreation Department	is unable to	contact the appropr	riate person(s) to obtain	n consent for	☐ Cash (do not m	ail cash) 🗆 Ched	ck/Money Order
treatment, the City of Bloomington Parks and Recreati take reasonable steps to obtain appropriate medical treatment.	eatment. Th	e Program Participar	nt and/or his/her parent	t or legal	Visa/Mastercard #		
guardian shall be responsible for the cost of such treat Bloomington Parks and Recreation Department, its em	ployees, ag	ents, and assigns, fr	om any claims includir	ng, but not	Expiration Date _		
limited to, personal injuries or damage to property cause release applies to any present or future injuries and the	at it binds th	e Undersigned, Under	ersigned's spouse, hei	rs, executors			
and administrators. The Program Participant may be p Recreation activities, and consent is given for the repre	oduction of s	such photos or videos	s for advertising and p	ks and ublicity.	(required if using credit	,	anabla 4an
I have read this release and understand all of its terms	. I agree wit	th its terms and sign	it voluntarily.		City of Bloo	k or money order p mington Parks and	ayable to: Recreation
			 ——		Oite of Di	lail registrations to:	D
Signature (parent/guardian if participant is under 18	3 or under le	egal guardianship)		Date	401 N. Morton Str	mington Parks and eet, Ste. 250, Bloon	Recreation nington IN 47404